

FCC APRIL 09

APRIL 1, 2009

LENGTH-00:28 ISSUE-CRIME 1 SHOW TIME-SUNRISE

A 70-YEAR OLD WOMAN IS UNDERGOING HOSPITAL TREATMENT AFTER A VIOLENT HOME INVASION IN EAST MANATEE COUNTY. DEPUTIES WERE CALLED TO THE VICTIM'S HOME YESTERDAY IN THE FOUR THOUSAND BLOCK OF STATE ROAD 70 EAST. INVESTIGATORS SAY THE GUNMAN FORCED HIS WAY INTO THE HOUSE, HITTING HER SEVERAL TIMES WITH THE GUN. DEPUTIES SAY HE GRABBED THE WOMAN'S PURSE AND RAN AWAY. THE ROBBER WAS DESCRIBED AS WEARING A BLUE JACKET AND DARK PANTS. DEPUTIES SEARCHED FOR THE SUSPECT WITH DOGS AND THE HELICOPTER BUT HE GOT AWAY.

LENGTH-00:26 ISSUE-DRUGS 11 SHOW TIME-SUNRISE

A PUNTA GORDA MOM IS IN JAIL THIS MORNING WITH FELONY DRUG AND CHILD ABUSE CHARGES. POLICE WERE CALLED TO A HOUSE ON CORTO ANDRA DRIVE MONDAY AFTERNOON. WITNESSES SAY THE 33-YEAR-OLD NICOLE TOBIA'S WAS STANDING IN THE FRONT YARD HOLDING HER 2-YEAR-OLD CHILD. THE CHILD WAS FINE.. BUT SHE WAS SCREAMING THAT THE CHILD WAS DEAD. WHEN POLICE WENT INSIDE THEY FOUND TOBIA'S 14-YEAR-OLD SON AND A FRIEND DOING DRUGS. THEY WERE ALSO ARRESTED AND HAVE SINCE BEEN RELEASED TO FAMILY.

LNGTH-00:25 ISSUE-CRIME 1 SHOW TIME-SUNRISE

A VENICE MAN IS NOW CHARGED WITH THE DEATH OF HIS SON. TROOPERS SAY 45-YEAR-OLD JACKIE CLARK WAS DRIVING DRUNK WHEN HE CRASHED HIS CAR IN JANUARY. HIS 22-YEAR-OLD SON, JACKIE CLARK THE THIRD WAS THROWN FROM THE CAR AND DIED. THEY WERE NOT WEARING SEAT BELTS. AUTHORITIES SAY THE FATHER'S BLOOD ALCOHOL LEVEL WAS NEARLY THREE TIMES THE LEGAL LIMIT. HE WAS TAKEN INTO CUSTODY TUESDAY, AND REMAINS IN THE SARASOTA COUNTY JAIL ON A 50-THOUSAND-DOLLAR BOND.

LENGTH-02::36 ISSUE-HEALTH 5 SHOW TIME-12:00

BED BUGS THE PHRASE "GOOD NIGHT! DON'T LET THE BED BUGS BITE!" IS BASED A LITTLE MORE ON REALITY THESE DAYS. "THERE'S A TREMENDOUS INCREASE IN BEDBUGS IN THE UNITED STATES AND OTHER PARTS OF THE WORLD. MANY DIFFERENT STUDIES SHOW A 3, 4, 500 PERCENT INCREASE IN REPORTS OF BEDBUGS OR REPORTS OF BEDBUG INFESTATIONS." DR. JEROME GODDARD, PROFESSOR OF ENTOMOLOGY AT MISSISSIPPI STATE UNIVERSITY, KNOWS A LOT ABOUT THESE TINY, HUMAN BLOOD SUCKERS AND UNDERSTANDS THEIR RESURGENCE IS MOST LIKELY DUE TO INTERNATIONAL TRAVEL, IMMIGRATION AND CHANGES IN PEST CONTROL PRACTICES. THEY'RE PARASITES, THEY SUCK BLOOD, SO THEY'RE BROUGHT INTO SOMEPLACE IN SOMEONE'S LUGGAGE OR BELONGINGS, THEY START LIVING THERE, IT HAS NOTHING TO DO WITH HOW CLEAN YOU ARE. SOME OF THE CASES I'VE INVESTIGATED, THEY'VE BEEN FIVE STAR HOTELS. BROLL DR. GODDARD IN OFFICE VO: BUT FOR ALL THAT'S KNOWN ABOUT BED BUGS, THERE'S STILL MUCH THAT'S UNCLEAR. WE'RE NOT ABSOLUTELY SURE HOW FOLKS REACT TO BITES BECAUSE IT'S SO UNUSUAL THAT WE GET LARGE NUMBERS OF THEM INTO THE CLINIC TO STUDY. SOT/FULL JEROME GODDARD, PH.D. MISSISSIPPI STATE UNIVERSITY RUNS: "SOME SCIENTIFIC PAPERS SAY THAT BED BUGS TRANSMIT HUMAN DISEASES, SOME SAY THEY DON'T. SOME PEOPLE SAY YOU'RE SUPPOSED TO THROW OUT THE MATTRESSES WHEN THERE'S AN INFESTATION OF BEDBUGS, SOME PEOPLE SAY YOU DON'T. DR. GODDARD IN HIS OFFICE DR. DESHAZO IN CLINIC GFX/FULL JAMA COVER VO: IN AN ATTEMPT TO SHED SOME ADDITIONAL LIGHT ON THESE NOCTURNAL PESTS, DR. GODDARD ANALYZED RESEARCH FROM OVER 50 RELATED INVESTIGATIONS WITH CLINICAL INPUT FROM DR. RICHARD DESHAZO. THE STUDY IS FEATURED THIS WEEK IN JAMA, THE JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION. SOT/FULL JEROME GODDARD, PH.D. MISSISSIPPI STATE UNIVERSITY RUNS: (:22) "THESE RESEARCH FINDINGS SHOW ONE, THERE IS LITTLE EVIDENCE FOR HUMAN DISEASE TRANSMISSION BY BEDBUGS. TWO, HUMAN BEDBUG BITES RANGE IN REACTION FROM NONE TO CUTANEOUS TO OCCASIONALLY OR RARELY SYSTEMIC. AND LASTLY, PEST CONTROL OF BEDBUGS OR ERADICATION IS PROBLEMATIC. IT'S NOT IMPOSSIBLE, BUT CERTAINLY DIFFICULT." BROLL PHOTOS OF BEDBUG BITES DR. GODDARD EXAMINES A MATTRESS VO: SO WHILE THE RED BUMPS AND ITCHING - THE CUTANEOUS REACTION THAT MAY COME WITH A BITE - APPEAR TO BE MORE NUISANCE THAN HEALTH HAZARD, EXPERTS AGREE A GOOD LOOK AT THE MATTRESS YOU'RE ABOUT TO SLEEP ON IS THE BEST WAY TO ENSURE THAT YOU WAKE UP BED BUG BITE-FREE. HALEY WELDON, THE JAMA REPORT. ANCHOR TAG: EXPERTS PREDICT THAT APPROXIMATELY 30% OF PEOPLE BITTEN BY BEDBUGS DEVELOP A CLINICAL REACTION AND WOULD LIKE TO SEE FUTURE RESEARCH FOCUS ON COMPARING CUTANEOUS REACTIONS (RASHES, BUMPS, ITCHING) TO RARER, MORE SERIOUS SYSTEMIC REACTIONS. PLEASE SEE THE COMPLETE STUDY FOR ADDITIONAL INFORMATION, INCLUDING OTHER AUTHORS, AUTHOR CONTRIBUTIONS AND AFFILIATIONS, FINANCIAL DISCLOSURES, FUNDING AND SUPPORT, ETC.

LENGTH-00:;28

ISSUE-CRIME 1

SHOW TIME-6:00

A BINGO GAME GOES BUST...AND NOW CHARLOTTE COUNTY SHERIFF'S DEPUTIES ARE LOOKING FOR THE OWNER OF THE BINGO HALL. DEPUTIES SAY 50-YEAR-OLD HERNAN VIZCAINO SOLD TICKETS TO A NEW YEAR'S EVE BINGO PARTY THAT NEVER HAPPENED. MORE THAN FIFTY PEOPLE BOUGHT TICKETS. THEY GAVE HIM MORE THAN 43-HUNDRED DOLLARS. WHEN THEY SHOWED UP FOR THE PARTY, THEY FOUND THE DOORS LOCKED. DETECTIVES SAY VIZCAINO WAS BEHIND ON HIS RENT. THEY THINK HE COULD BE IN TEXAS OR MEXICO.

LENGTH-00:18 ISSUE-CRIME 1 SHOW TIME-11:00

SARASOTA POLICE ARE WORKING A MURDER INVESTIGATION RIGHT NOW. IT HAPPENED LATE THIS EVENING NEAR THE INTERSECTION OF 25TH STREET AND COCOANUT. IT'S A NEAR A PARK. A POLICE SPOKEMAN IS ON THE WAY TO THE CRIME SCENE AND WE'LL UPDATE THIS STORY..AS WE GET INFORMATION.

LENGTH-00:23 ISSUE-EDUCATION 10 SHOW TIME-11:00

FEDERAL STIMULUS MONEY IS HEADING TO MANATEE COUNTY SCHOOLS.. CONGRESSWOMAN KATHY CASTOR SAYING TODAY.. THE DISTRICT WILL RECEIVE 8-MILLION DOLLARS FOR TITLE ONE SCHOOLS.. THOSE CAMPUSES GENERALLY HAVE A HIGHER PERCENTAGE OF CHILDREN FROM LOW-INCOME FAMILIES. THE MONEY WILL HELP THOSE SCHOOLS HIRE HIGHLY QUALIFIED STAFF.. IT WILL ALSO MAKE SURE STUDENTS WITH DISABILITIES RECEIVE THE EDUCATION SERVICES THEY NEED.

APRIL 2, 2009

LENGTH-01:14 ISSUE-HEALTH 5 SHOW TIME-12:00

A FEW WEEKS AGO, WARD FORSYTH COULD BARELY BREATHE. CAN YOU WALK AND TALK AT THE SAME TIME? IT GETS ROUGH BECAUSE IT USES UP OXYGEN. : BUT YOU'RE DOING ALL RIGHT NOW. WITH ENDSTAGE EMPHYSEMA, THE 49-YEAR OLD FORMER SMOKER WAITS FOR A LUNG TRANSPLANT. HE'S ONE OF THE FIRST PATIENTS IN THE COUNTRY TO BE WALKING AROUND WITH AN ARTIFICIAL LUNG- IF IT WOULDN'T BE FOR THIS MACHINE, I WOULDN'T BE ABLE TO GET OUT OF BED, PERIOD. I WOULDN'T BE ABLE TO WALK. I'D FALL TO THE GROUND. IT'S A HUGE CHANGE FROM WHAT LUNG DISEASE PATIENTS HAVE ENDURED FOR THIRTY YEARS-A CUMBERSOME MACHINE THAT KEEPS THEM BED-BOUND. I THINK IT'S A BLESSING. THE NEW DEVICE MIMICS THE FUNCTIONS OF A HUMAN LUNG IF YOU AIN'T GETTING ENOUGH OXYGEN, YOU CAN'T RUN, YOU CAN 'T WALK. AND THAT'S WHAT THIS MACHINE IS DOING - PUTTING THAT BACK IN MY BODY AND HELPING ME. A SPECIALLY-DESIGNED CATHETER REPLACES THE NEED TO HAVE TUBES IN THE PATIENT WHILE LYING DOWN. THEY'RE ABLE TO EAT, EVEN EXERCISE SO THEIR MUSCLES DON'T ATROPHY. I KNOW IN MY HEART THAT A STABLE GROUP OF PATIENTS LIKE OURS TREATED IN THIS WAY WILL COME THROUGH TRANSPLANTATION WITH A MUCH HIGHER SUCCESS RATE. ALL I NEED IS A BIT MORE EXERCISE AND CAN KEEP ON GOING, BUT I WON'T HAVE TO START AT THE BEGINNING. DR. GRIFFITH SAYS THE NEXT STEP IS THIS--AN EVEN SMALLER DEVICE -- ESSENTIALLY A PORTABLE LIFE SUPPORT MACHINE. "WE THINK PRETTY READY FOR, FOR HUMAN TRIALS IN THE VERY, VERY NEAR FUTURE."

LENGTH-00:18

ISSUE-CRIME 1

SHOW TIME-11:00

SARASOTA POLICE ARE INVESTIGATING A MURDER. 30-YEAR-OLD CEDRIC JACKSON WAS FOUND SHOT TO DEATH NEAR THE INTERSECTION OF 25TH STREET AND COCONUT AVENUE LAST NIGHT. JACKSON LIVED ON 38TH STREET IN SARASOTA. NO WORD YET ON A MOTIVE OR A SUSPECT.

APRIL 3, 2009

LENGTH-00:55

ISSUE-HEALTH 5

SHOW TIME-SUNRISE

AN ESTIMATED 1 IN 200 AMERICAN CHILDREN IS NOW A VEGETARIAN, ACCORDING TO THE LATEST GOVERNMENT STATISTICS. VEGETARIAN DIETS ARE OFTEN QUITE HEALTHY FOR KIDS, EXPOSING THEM TO A WIDER VARIETY OF BEANS, FRUITS AND VEGETABLES - AND CUTTING OUT THE FAT. BUT A NEW STUDY FINDS THAT SOME YOUNG PEOPLE MAY BE TURNING TO VEGETARIANISM AS A WEIGHT LOSS STRATEGY AND IN RARE CASES, THEIR DIETING BEHAVIOR CAN BE DANGEROUS. RESEARCHERS FROM THE UNIVERSITY OF MINNESOTA SURVEYED MORE THAN 2,500 ADOLESCENTS ABOUT THEIR EATING HABITS. RESULTS SHOWED THAT BOTH CURRENT AND FORMER VEGETARIANS WERE MORE LIKELY TO PRACTICE BINGE EATING, AND TO TRY RISKY DIETING TACTICS SUCH AS VOMITING AFTER MEALS, AND TAKING DIET PILLS OR LAXATIVES. RESEARCHERS SAY PHYSICIANS SHOULD ASK TEENS AND YOUNG ADULTS ABOUT VEGETARIANISM AND BE ON THE LOOKOUT FOR ANY OTHER WARNING SIGNS FOR EATING DISORDERS. PARENTS AND DOCTORS SHOULD BOTH TALK TO BUDDING VEGETARIANS ABOUT THEIR MOTIVES FOR WANTING TO FOLLOW THE DIET, AND HELP THEM LEARN HOW TO CHOOSE NUTRITIOUS AND HEALTHY OPTIONS

LENGTH-00:52

ISSUE-CRIME 1

SHOW TIME-12:00

AUTHORITIES SAY IT WAS A PREMEDITATED ACT CARRIED OUT IN A COLD BLOODED FASHION..BEFORE ENTERING THE AMERICAN CIVIC ASSOCIATION BUILDING IN DOWNTOWN BINGHAMTON, THE GUNMAN, IDENTIFIED BY SENIOR LAW ENFORCEMENT OFFICIALS AS, JIVERLY VOONG, BACKED UP HIS CAR TO THE REAR DOOR OF THE BUILDING SO HIS VICTIMS COULD NOT ESCAPE. VOONG IS DESCRIBED AS AN "ASIAN" MAN IN HIS 40's. HE ENTERED THE ONE-STORY BUILDING FROM THE FRONT AND -- ACCORDING TO EYEWITNESSES ACCOUNTS -- OPENED FIRE WITH A COUPLE OF HANDGUNS. SOME PEOPLE HID IN THE CLOSETS, WHILE DOZENS MORE FLED TO THE BUILDING'S BOILER ROOM. OFFICIALS SAY THE GUNMAN ENDED THE MASSACRE BY TAKING HIS OWN LIFE. ABC NEWS HAS LEARNED THAT 13 PEOPLE WERE SHOT AND KILLED -INCLUDING THE GUNMAN-- AND DOZENS MORE WERE WOUNDED. POLICE OFFICIALS SAY TWO WEAPONS HAVE BEEN FOUND; ONE OF THEM REPORTED TO BE A 9 MILLIMETER HANDGUN RECOVERED BY A SWAT TEAM. EARLIER, POLICE HAD BEEN SEEKING A VIETNAMESE TRANSLATOR TO ASSIST POLICE WITH TRANSLATION.

AND TWO ASIAN MEN WERE ESCORTED OUT OF THE BUILDING AS THE STANDOFF WAS STILL GOING ON.

LENGTH-01:06 ISSUE-HEALTH 5 SHOW TIME-6:00

SARASOTA ENDOCRINOLOGIST DR. MARK LUPO IS SEEING AN *INCREASE* IN PATIENTS WITH THE DEFICIENCY... 5 TO 10 PEOPLE A WEEK. THERE ARE FEW SYMPTOMS EARLY ON, USUALLY FATIGUE AND DEPRESSION, WHICH CAN BE ATTRIBUTED TO SO MANY DIFFERENT THINGS. BUT THERE ARE BIG RISKS, SUCH AS SEVERE BONE LOSS AND BONE SOFTENING IN ADULTS.. AND RICKETS IN CHILDREN. A SIMPLE BLOOD TEST IS ALL IT TAKES TO DIAGNOSE THE PROBLEM. FINDING THE CAUSE IS A BIT MORE DIFFICULT. LUPO SAYS THERE CAN BE A NUMBER OF REASONS. "SO PART OF IT IS WE HAVE CHANGED WHAT WE THINK IS NORMAL. SO IF YOU CHANGE WHAT NORMAL IS THEN YOU HAVE MORE PEOPLE THAT HAVE THE PROBLEM. AND THE OTHER PART OF IT IS WE'RE VERY GOOD ABOUT SUN PROTECTION. WE SPEND MORE TIME INDOORS IN GENERAL. WE USE MORE SUN PROTECTION SCREENING, SUN SCREEN AND SO WE'RE SEEING LESS ABSORPTION FROM THE SUN. AND ALSO, OUR DIETS IN GENERAL MAY NOT BE AS HEALTHY EVEN THOUGH ONLY A SMALL AMOUNT OF OUR FOODS HAVE VITAMIN D, THERE MAY BE A COMPONENT TO THE AMERICAN DIET AS WELL." TREATMENT TO REPLETE YOUR VITAMIN D STORES TAKES ABOUT 2 TO 3 MONTHS. IT'S JUST A MATTER OF TAKING A VITAMIN D SUPPLEMENT, EITHER OVER THE COUNTER OR IN PRESCRIPTION STRENGTH. AND THAT'S WHAT INGE WHITWELL IS GOING TO START DOING. SHE JUST FOUND OUT SHE HAS A BORDERLINE VITAMIN D DEFICIENCY, AND THAT COULD MAKE HER OSTEOPOROSIS.. MUCH WORSE. "AT MY AGE I HAVE A NUMBER OF CONCERNS SO THAT'S WHAT WE'RE GOING TO DO AND I THINK IT SHOULD BE BENEFICIAL OR COULD HOPEFULLY."

APRIL 4, 2009

LENGTH-01:17 ISSUEE-CRIME 1 SHOW TIME-EARLY

GUNFIRE ECHOING THROUGH A PITTSBURGH NEIGHBORHOOD EARLY SATURDAY MORNING DOZENS OF POLICE OFFICERS TAKING UP STATIONS... SWAT TEAMS.... AND ASSAULT WEAPONS EVERYWHERE.... "A SENSELESS AND TRAGIC ACT OF VIOLENCE, RANDOM ACT OF VIOLENCE, TOOK PLACE THIS MORNING." "THIS IS A VERY SAD FOR THE PITTSBURGH POLICE BUREAU. WE HAVE NEVER HAD TO LOOSE THREE OFFICERS IN THE LINE OF DUTY AT ONE TIME IN ONE CALL." THE CALL --- DOMESTIC DISTURBANCE. POLICE SAY THE SUSPECT, 23-YEAR OLD RICHARD POPLAWSKI, SHOT AND KILLED THREE POLICE OFFICERS WHO RESPONDED TO THE COMPLAINT. "AS SOON AS THE OFFICER STOPPED INTO THE DOORWAY HE WAS IMMEDIATELY MET WITH GUNFIRE, RECEIVING A WOUND FATALLY TO THE HEAD. SECOND OFFICER RECEIVED A WOUND FATALLY TO THE HEAD AS WELL." AS THE POLICE OFFICERS LAY

DYING OR DEAD IN FRONT OF THE HOUSE, AND THEIR COLLEAGUES UNABLE TO REACH THEM, POLICE OFFICERS AND THE SUSPECT TURNED THE NORMALLY QUIET STREET INTO A BATTLEGROUND WITH HUNDREDS OF ROUNDS CRACKING. TAE) "THIS IS MY BEST FRIEND I'VE KNOWN BETTER THAN ANYBODY. HE HAD MULTIPLE FIREARMS." THE GUNMAN WAS WOUNDED AND ARRESTED AFTER A 4-HOUR STANDOFF. "OUR HEARTS AND OUR PRAYERS GOES OUT TO THE OFFICERS WHO PAID THE ULTIMATE SACRIFICE." POLICE STILL HAVE NO MOTIVE FOR THE SENSELESS KILLINGS. THE GUNMAN'S FRIENDS SAY THAT HE HAD BEEN UPSET ABOUT LOSING HIS JOB AND THAT HE FEARED THE OBAMA ADMINISTRATION WAS ABOUT TO TAKE HIS GUNS AWAY.

APRIL 5, 2009

NOTHING

APRIL 6, 2009

LENGTH-00:33 ISSUE-CRIME 1 SHOW TIME-SUNRISE

ONE MAN IS DEAD, ANOTHER IN SERIOUS CONDITION ... AFTER A SHOOTING IN BRADENTON SATURDAY MORNING. MANATEE COUNTY DETECTIVES ARE LOOKING FOR THE MAN WHO SHOT AND KILLED 20-YEAR-OLD RODRIGO VASQUEZ . IT STARTED WITH WHEN A GROUP OF MEN GOT INTO AN ARGUEMENT ... AT THE LA ESCONDIDA NIGHT CLUB. THE SUSPECT ... WHO'S NAME HAS NOT BEEN RELEASED ...ASKED THE MEN TO GO OUTSIDE TO FIGHT. BUT WHEN THE MEN WALKED AWAY, THE SHOOTER GOT A GUN FROM HIS CAR ... AND OPENED FIRE. VASQUEZ AND ANOTHER MAN.... 31-YEAR-OLD SAMUEL CASTRO WERE BOTH HIT. CASTRO WAS TAKEN TO MANATEE MEMORIAL HOSPITAL, HE'S IN CRITICAL CONDITION.

LENGTH-01:42 ISSUE-ELDERLY 7 SHOW TIME-5:00

MORE OLDER AMERICANS ARE USING THE INTERNET TO STAY IN TOUCH WITH FAMILY, DO THEIR BANKING, SHOP AND RESEARCH. BUT THE CONVENIENCE CAN COME WITH A COST...IF YOU'RE NOT CAREFUL.IDENTITY THEFT FOR US AMONG SENIORS IS VERY BIG, PEOPLE STEALING THEIR IDENTITY AND USING IT OPEN CREDIT CARD ACCOUNTS AND TAKE BANK LOANS AND GIVING A DIFFERENT ADDRESS SO THE BILL NEVER COMES TO THE SENIOR AND SO THE SENIOR DOESN'T EVEN KNOW IT'S HAPPENING." MIKE MAHON IS A FINANCIAL ADVOCATE FOR THE A-A-R-P AND WORKS WITH PEOPLE ON THE SUNCOAST. HE SAYS OTHER BIG PROBLEMS SENIORS FACE ON-LINE.... ARE SCAMS WITH INTERNET AUCTIONS.. WHERE THE GOODS AREN'T DELIVERED OR

YOU DON'T GET WHAT YOU PAY FOR. OTHER SCAMS ARE FOREIGN LOTTERIES AND SWEEPSTAKES OFFERS.. THAT OFTEN ARRIVE VIA EMAIL. SCAMMERS CAN ALSO GET YOUR FINANCIAL INFORMATION FROM A BOGUS EMAIL TOO."THEY'RE NOT THAT FAMILIAR WITH TECHNOLOGY SOMETHING OFFICIAL COMES IN SAYING YOUR ACCOUNT IS COMPROMISED WE NEED YOU TO PRESS THIS BUTTON, LOG ON TO THIS SITE, ADD YOUR PERSONAL INFORMATION AND WE'LL RESET YOUR ACCOUNT, SO THEY DO IT AND ALL THEIR INFORMATION IS OUT THERE." AND MAHON SAYS WHEN SENIORS ARE VICTIMIZED IN ON-LINE FRAUDS THEY'RE OFTEN RELUCTANT TO REPORT IT. A LOT OF THEM ARE AFRAID THEIR RELATIVES WILL GET THE IMPRESSION THEY ARE NO LONGER ABLE TO HANDLE THEIR FINANCIAL AFFAIRS AND THEY'RE EMBARRASSED AND SOMETIMES THEY DON'T KNOW WHO TO REPORT IT TO, SO A LOT OF DIFFERENT REASONS."

LENGTH-02:01 ISSUE-HEALTH 5 SHOOW TIME—6:00

IN TIGHT TIMES THEY SAY IT WILL HELP US ALL WHEN IT COMES TO OUR HEALTH. "IT'S NOT OFTEN WE GET TO ANNOUNCE A PROGRAM THAT WILL BENEFIT EVERYONE IN THE COUNTY." IT'S A FREE PRESCRIPTION DISCOUNT CARD BACKED BY SARASOTA COUNTY. THE COAST2COAST RX CARD IS EXPECTED TO SAVE RESIDENTS AN AVERAGE 35-PERCENT ON THE RETAIL COST OF PRESCRIPTIONS. POSSIBLY UP TO 70-PERCENT."WE KNOW THIS CARD IS THE BEST IF NOT ONE OF THE BEST. 80 % OF THE TIME WE BEAT THE OTHER CARDS."IT'S ALSO EXCEPTED NEARLY EVERYWHERE AND ON ALMOST EVERY DRUG. YOU CAN EVEN USE IT FOR PET PRESCRIPTIONS. "TOO GOOD TO BE TRUE, WE'VE HEARD THAT ONE BEFORE. IT SOUNDS TOO GOOD BUT IT IS A PROGRAM THAT HAS WORKED VERY SUCCESSFULLY FOR MANY YEARS. WHAT WE ARE DOING NOW IS GOING TO COUNTIES IS FOR THE PUBLICITY AND THE WARENESS. IT MAKES THE USAGE HIGHER."SARASOTA COUNTY COMMISSIONER JON THAXTON SAYS THEY'VE BEEN WORKING ON A DEAL LIKE THIS FOR YEARS. IN RETURN FOR BACKING THE CARD AND HELPING TO GET THE WORD OUT THE CARDS USE WILL HELP SUPPORT COUNTY HEALTH PROGRAMS."50 CENTS PER USE OF THE CARD. WE HAVE DESIGNATED ALL OF THE MONEY TO BACK INTO THE HEALTH BENEFIT PROGRAMS THE COUNTY OFFERS IT'S CITIZENS."THE CARDS REPRESENTATIVES SAY THAT 50-CENTS ISN'T PASSED ON THE CONSUMER. COUNTY LEADERS SAY IT'S CERTAINLY A BIG HELP FOR THE UNINSURED AND UNDERINSURED. AT A TIME WHEN UNEMPLOYMENT IS RISING AND THE AMOUNT OF UNINSURED IS ROAMING AROUND 25-PERCENT EVERY DOLLAR OFF TO GET OR STAY HEALTHY HELPS."I'LL USE IT FOR SURE. EVEN IF YOU A SALARY EMPLOYEE, WHO COULDN'T SAVE THE MONEY? WE COULD ALL USE THE ADDITIONAL BENEFITS."

APRIL 7, 2009

LENGTH-00:54 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

ALAN FRANCO IS IN THE BUSINESS OF WEALTH MANAGEMENT... WHEN HE OPENS HIS MOUTH, HIS DENTIST SAYS SHE SEES THE RESULTS OF A STRESSFUL JOB... THOUGH MANY PEOPLE WANT TO DENY THAT ITS RELATED TO STRESS I DEFINITELY SEE A CORRELATION BETWEEN STRESS AND GRINDING... TEETH GRINDING OR BRUXISM AS IT IS FORMALLY CALLED... DR. JANE PUSKAS SAYS IT IS A COMMON CONDITION AFFECTING NEARLY HALF HER PATIENTS. BRUXISM IS WHEN YOUR TOOTH GRINDING IS NOT A NORMAL PATTERN. YOU'RE CLENCHING OR GRINDING THEM TOGETHER, NOT TO CHEW BUT TO RUB YOUR TEETH TOGETHER. DR. PUSKAS SAYS IT MOST OFTEN HAPPENS AT NIGHT WHEN PATIENTS SLEEP AND THEY AREN'T EVEN AWARE OF THE HABIT UNTIL THEY START FEELING THE SYMPTOMS. GENERALIZED TOOTH PAIN, JAW PAIN, HEADACHES, DIFFICULTY OPENING, SOMETIMES YOU'LL HEAR NOISE IN THE TMJ AND EVEN SOMETIMES TEMPERATURE SENSITIVITY. LEFT UNTREATED, BRUXISM CAN LEAD TO WORN DOWN, FLATTENED OR CHIPPED TEETH. DR. PUSKAS OFTEN RECOMMENDS A CUSTOM-MADE MOUTH GUARD THAT'S WORN AT NIGHT. ALAN STARTED USING ONE OVER A YEAR AGO AND HIS DENTIST ALREADY SEES THE DIFFERENCE

LENGTH-00:26 ISSUE-CRIME 1 SHOW TIME-12:00

THE PARENTS OF A SEVEN WEEK OLD INFANT ARE IN JAIL ON CHILD ABUSE CHARGES. THE CHILD WAS APPARENTLY INJURED WHILE THE PARENTS ARGUED. DEPUTIES ARRESTED 23 YEAR OLD SUMMER LABELLE AND 20 YEAR OLD DIEGO MARTINSON AFTER THEY AFTER THE CHILD WAS TAKEN TO MANATEE MEMORIAL HOSPITAL WITH A BROKEN WITH FRACTURED RIBS, SPINE AND HIP. DURING QUESTIONING, THE COUPLE ADMITTED THEY WERE HAVING A FIGHT WHEN THE BABY WAS INJURED. THE INFANT IS NOW IN PROTECTIVE CUSTODY. THE PARENTS ARE CHARGED WITH AGGRAVATED CHILD ABUSE.

LENGTH-01:16 ISSUE-CRIME 1 SHOW TIME-12:00

AMONG THE HUNDREDS OF PIECES OF EVIDENCE JUST RELEASED NEW INTERVIEWS AND EMAILS THAT MAY LINK CASEY ANTHONY TO HER DAUGHTER'S DEATH. WHATS UP MAN? LIKE THIS UNDERCOVER VIDEO OF HER BROTHER LEE...HE DESCRIBED A MYSTERIOUS SMELL HE NOTICED IN CASEY'S CAR AFTER CAYLEE WENT MISSING SOT / LEE ANTHONY " IT'S SOMETHING YOU DON'T WANT TO, BUT YOU ACTUALLY HAVE TO SMELL. IT WAS ATROCIOUS" NEW EVIDENCE SHOWS A LAUNDRY BAG, DUCT TAPE AND PLASTIC BAG WERE FOUND AT THE CRIME SCENE AND MATCHED SIMILAR ITEMS IN THE HOME CAYLEE LIVED IN THERE'S ALSO THIS EMAIL FROM CASEY'S UNCLE RICK TO CASEY'S MOTHER, CINDY HE WRITES: "CASEY KNOWS SHE HAS TO LIE TO COVER EVERYTHING UP.... I KNOW YOU WANT TO BELIEVE OTHERWISE CINDY BUT IT JUST DON'T ADD UP." CASEY ANTHONY'S TRIAL IS SCHEDULED TO START IN OCTOBER THERE IS NO DOUBT THIS MAKES THIS A CHALLENGING CASE TO DEFEND. SOT JOE TACOPINA 3::29 IM SURE ALMOST EVERYONE IN THE COURT OF PUBLIC OPINION HAS FORMED THE OPINION OF GUILT AGAINST HER. //2:09 WHAT THEY'RE CERTAINLY DOING IS GOING TO MAKE IT MUCH MORE DIFFICULT TO GET A JURY IN THIS CASE. ADDING TO THE CHALLENGE, SOME OF THE NEW VIDEO EVIDENCE MAKES CASEY

ANTHONY LOOK STRANGELY LIGHTHEARTED GIVEN THE CIRCUMSTANCES... LIKE THIS INTERROGATION VIDEO THE DAY SHE WAS INDICTED. TWO MONTHS LATER WHEN SHE HEARD CAYLEE'S BODY HAD BEEN FOUND....SHE HAD REPORTEDLY HYPERVENTILATED AND ASKED FOR A SEDATIVE THEN ACCORDING TO THE LIEUTENANT WHO WAS WITH HER...STARTED TO TALK ABOUT FOOTBALL. She started TALKING ABOUT THE NATIONAL CHAMPIONSHIP//SHE'S VERY WEIRD TO TALK TO. NON-EMOTIONAL WOULD PROBABLY BE THE BEST WAY TO SAY IT

LENGTH-01:42 ISSUE-WOMEN 8 SHOW TIME-12:00

ARTIST CYNTHIA KULP THOUGHT BEING DIAGNOSED WITH BREAST CANCER WAS THE WORST THING THAT COULD HAPPEN TO HER. BUT THEN THE HOSPITAL OVERCHARGED HER. "THEY HAVE TO BE THE LOWEST OF THE LOW." CYNTHIA SAYS BEFORE HER LUMPECTOMY, THE HOSPITAL TOLD HER THE OPERATION WOULD COST 5-THOUSAND DOLLARS. INSTEAD, SHE GOT A BILL FOR 12-THOUSAND-700 DOLLARS, RIGHT IN THE MIDDLE OF HER DEVASTATING COURSE OF CHEMOTHERAPY. "YOU CAN BARELY FUNCTION, YOU CAN BARELY GET OUT OF BED. HOW CAN YOU FIGHT HOSPITALS?" SO SHE HIRED A MEDICAL BILLING ADVOCATE TO HELP. HOLLY WALLACK FOUND ALL SORTS OF CLASSIC ERRORS ON CYNTHIA'S BILL. LIKE MISMATCHES: DRUGS THAT APPEARED ON THE MEDICAL BILL, EVEN THOUGH THEY WEREN'T LISTED IN THE MEDICAL RECORDS. AND DOUBLE CHARGES: THE HOSPITAL CHARGED CYNTHIA FOR TWO "FIRST" HOURS IN THE RECOVERY ROOM. "WHEN I POINTED OUT, HOW MANY FIRST HOURS DO YOU GET? LAST I HEARD, THERE WAS ONLY ONE, THEN HE WAS VERY HAPPY TO TAKE THAT CHARGE OFF." SHE ALSO FOUND INFLATED CHARGES. THE HOSPITAL BILLED 192-DOLLARS FOR A POST OPERATIVE SUPPORT BRA THAT HOLLY WAS ABLE TO FIND ON THE INTERNET FOR JUST 19-DOLLARS -- ONE TENTH OF THE COST. "THAT WAS ONE MORNING IN ONE OPERATING ROOM IN ONE HOSPITAL IN ONE LITTLE TOWN IN THE COUNTRY. IF YOU EXTRAPOLATE THAT OUT TO WHAT'S GOING ON EVERY DAY, IT'S MIND BOGGLING." OTHER COMMON MISTAKES: BILLING FOR THINGS THAT OUGHT TO BE INCLUDED. THAT'S LIKE PAYING FOR THE VALUE MEAL AND ALSO BEING CHARGED SEPARATELY FOR THE SIDES. MISPLACED DECIMALS: LOOK AT THIS A BILL WHERE A HOSPITAL CHARGED 874-DOLLARS FOR AN 87 DOLLAR AND 40-CENT MEDICATION. AND WHAT'S CALLED FAT FINGERS: EXTRA LINE ITEMS CAUSED BY CLERICAL CLUMSINESS. HERE'S A MEDICATION LISTED 7 TIMES IN A ROW, EVEN THOUGH IT'S ONLY SUPPOSED TO BE GIVEN 4 TIMES A DAY. HOLLY NEGOTIATED CYNTHIA'S BILL FROM 12-THOUSAND-700 DOWN TO 5-THOUSAND-800 DOLLARS --A 7-THOUSAND DOLLAR SAVINGS. "IT WAS LIKE A MIRACLE THAT WE FOUND HER." AND THERE WAS ANOTHER MIRACLE TOO: DESPITE HAVING ONE OF THE MOST AGGRESSIVE , DEVASTATING FORMS OF THE DISEASE, CYNTHIA FOUGHT OFF THE BREAST CANCER -- AND WON

LENGTH-01:31 ISSUE-CRIME 1 SHOW TIME-5:00

IT IS A RAMBLING LETTER THAT BEGINS WITH THIS CHILLING STATEMENT, I AM JIVERLY WONG SHOOTING THE PEOPLE. THE ENVELOPE WAS POSTMARKED ON THE DAY OF THE MASSACRE. IT INCLUDES PHOTOS OF WONG WITH TWO GUNS, A GUN

PERMIT, AND HIS DRIVER'S LICENSE. IT'S ANOTHER PIECE OF EVIDENCE IN A VERY COMPLEX PUZZLE.. THAT'S GOING TO TAKE US WEEKS AND MONTHS TO DETERMINE WHAT'S GOING ON AND IT IS GOING TO HELP US... THE GUNMAN, WHO KILLED 14 PEOPLE INCLUDING HIMSELF, ALLEGEDLY SENT THE LETTER TO A TV STATION. HIS MESSAGE DETAILS VARIOUS DELUSIONS OF POLICE PERSECUTION. WONG CLAIMS UNDERCOVER POLICE TAUNTED HIM, TORTURED HIM, AND SPREAD RUMORS ABOUT HIM WHEREVER HE WENT. FIRST, FORCING HIM TO LEAVE CALIFORNIA, THEN ONCE HE RETURNED TO NEW YORK -- TO THE BINGHAMTON AREA, ATTEMPTING TO FORCE HIM OUT OF THE COUNTRY. HE SAYS POLICE WOULD ENTER HIS ROOM, WATCH HIM SLEEP, EVEN TOUCH HIM WHILE HE SLEPT. HE SAYS THEY STOLE MONEY FROM HIS WALLET. HE ALSO CLAIMED POLICE SUDDENLY STOPPED THEIR CAR 32 TIMES IN FRONT OF HIS TRYING TO CAUSE AN ACCIDENT. THE DAY OF THE RAMPAGE WONG WORE BODY ARMOR AND USED HIS CAR TO BLOCK THE REAR DOOR OF THE CIVIC ASSOCIATION BUILDING TO PREVENT ANY ESCAPE. THE LETTER WAS DATED MARCH 18, BUT WASN'T MAILED UNTIL MORE THAN TWO WEEKS LATER ON THE DAY OF THE SHOOTING. THAT LETTER WAS SENT TO THE BEHAVIORAL UNIT OF THE FBI; OBVIOUSLY, THERE ARE SOME MENTAL HEALTH ISSUES THERE, WE SAW SOME RELIGIOUS OVERTONES AND THEIR THE EXPERTS AND THE PEOPLE THEIR THAT THEY CONTRACT WITH ARE THE EXPERTS TO TELL US EXACTLY WHAT THAT LETTER MEANS. WONG WROTE THAT HE WAS TAKING ON THE JOB OF A JUDGE TO "CUT MY POOR LIFE," LATER ADDING "AT LEAST TWO PEOPLE WITH ME GO TO RETURN TO THE DUST OF THE EARTH." HE DID APOLOGIZE IN THE LETTER FOR HIS POOR ENGLISH. HE ENDED THE LETTER BY DEMANDING A "COP" BE HELD RESPONSIBLE. HE THEN CONCLUDED WITH "YOU HAVE A NICE DAY." POLICE HAVE NOT CONFIRMED THE LETTER'S AUTHENTICITY BUT THEY ARE USING IT AS EVIDENCE IN THE INVESTIGATION.

LENGTH-00:31 ISSUE-CRIME 1 SHOW TIME-6:00

SARASOTA COUNTY SHERIFF'S DEPUTIES ARE INVESTIGATING A MURDER. LAST NIGHT AT AROUND 10:45, DEPUTIES WERE CALLED TO A HOME IN THE 21-HUNDRED BLOCK OF JO AN DRIVE IN SARASOTA COUNTY. IT'S OFF U-41 NEAR STICKNEY POINT ROAD. THEY FOUND THE BODY OF 38-YEAR-OLD GEORGANN LEE SMITH IN HER HOME. NEIGHBORS SAY SHE WAS KILLED WITH A BASEBALL BAT. "I KNOW SUNDAY NIGHT WHEN I TALKED TO HER....OUTRAGEOUS." WESTCOTT SAYS...SMITH WORKED IN A NURSING HOME AND LOVED HER JOB. SHE WAS ALSO VERY SAFETY CONSCIOUS. WESTCOTT ALSO SAYS SMITH WAS RECENTLY IN A RELATIONSHIP THAT SOURED.

LENGTH-00:22 ISSUE-CRIME 1 SHOW TIME-11:00

FEDERAL PROSECUTORS HAVE CHARGED A CANADIAN FLIGHT STUDENT WITH FLYING STOLEN PLANE INTO THE U-S. THEY SAY HE WAS TRYING TO COMMIT SUICIDE. PROSECUTORS SAY 31-YEAR-OLD ADAM LEON SAID HE THOUGHT HE WAS GOING TO BE SHOT DOWN BY MILITARY AIRCRAFT. HE FLEW THE PLANE FOR SIX HOURS LAST

RIGHT BEFORE LANDING IT ON A RURAL MISSOURI ROAD WHEN IT STARTED TO RUN OUT OF FUEL. HE WAS TRAILED ALONG THE WAY BY MILITARY JETS.

APRIL 8, 2009

LENGTH-02:43 ISSUE-HEALTH 5 SHOW TIME-12:00

COLEMAN WAS DIAGNOSED WITH HEART FAILURE, DOCTORS ORDERS WERE TO TAKE IT EASY. WHEN LISE LISE COLEMAN HAS HEART FAILURE THEY TOLD ME TO DO NOTHING, BASICALLY THEY DIDN'T WANT ME TO EVEN LIFT A BASKET OF CLOTHES. I WAS SCARED TO DO ANYTHING. HEART FAILURE IS A CONDITION IN WHICH THE HEART IS UNABLE TO PUMP ENOUGH BLOOD TO MEET THE BODY'S NEEDS AND IT AFFECTS ABOUT 5 MILLION PEOPLE IN THE U.S. WENT ON MEDICATION TO TRY AND CONTROL HER SYMPTOMS OF FATIGUE, SHORTNESS OF BREATH AND SWELLING IN HER LEGS - SHE ALSO EVENTUALLY ENROLLED IN HF- ACTION, THE LARGEST CLINICAL STUDY OF ITS KIND, EXAMING THE SAFETY, HEALTH AND MEDICAL EFFECTS OF EXERCISE TRAINING AMONG PATIENTS WITH MODERATE TO SEVERE HEART FAILURE. "WE THOUGHT WHAT WAS MOST IMPORTANT WAS TO SEE IF WE COULD INFLUENCE KEEPING THESE PATIENTS OUT OF THE HOSPITAL WHETHER FOR ANY CAUSE OR FOR HEART FAILURE AND WHETHER WE COULD PROLONG THEIR LIFE. EQUALLY IMPORTANT IS QUALITY OF LIFE. COULD WE IMPROVE THEIR QUALITY OF LIFE?" HEART FAILURE PATIENTS USUAL CARE GROUP: 1,172 PATIENTS RECEIVED: OPTIMAL HEART FAILURE CARE EXERCISE GROUP: 1,159 PATIENTS RECEIVED: OPTIMAL HEART FAILURE CARE 36 SUPERVISED EXERCISE SESSIONS INSTRUCTIONS AND EQUIPMENT FOR HOME-BASED TRAINING LED BY DRS. CHRISTOPHER O'CONNER AND KATHRYN FLYNN OF THE DUKE CLINICAL RESEARCH INSTITUTE, THE STUDY ENROLLED OVER 2,300 PATIENTS, DIVIDING THEM INTO A "USUAL CARE" GROUP AND AN EXERCISE GROUP, AND FOLLOWING UP WITH THEM AN AVERAGE OF 30 MONTHS. THIS RESEARCH RESULTED IN TWO REPORTS THAT ARE FEATURED THIS WEEK IN JAMA, THE JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION, ONE FOCUSING ON THE SAFETY AND MEDICAL BENEFITS OF EXERCISE TRAINING, THE OTHER ON ITS EFFECT ON QUALITY OF LIFE. MODEST IMPROVEMENTS WERE FOUND ACROSS THE BOARD. SOT/FULL CHRISTOPHER M. O'CONNOR, M.D. DUKE CLINICAL RESEARCH INSTITUTE RUNS: (:14) FIRST AND FOREMOST, WE SHOWED THAT EXERCISE TRAINING IS SAFE IN PATIENTS WITH ADVANCED HEART DISEASE. SECOND, WE SHOWED A MODEST IMPROVEMENT IN CLINICAL OUTCOMES, A REDUCTION IN HOSPITALIZATION OR DEATH. PATIENTS IN THE EXERCISE GROUP REPORTED IMPROVEMENTS IN THEIR QUALITY OF LIFE GREATER THAN PATIENTS IN THE USUAL CARE GROUP DID. THE DIFFERENCE BETWEEN THE 2 GROUPS WAS MODEST, BUT IT WAS STATISTICALLY SIGNIFICANT AND THE IMPROVEMENTS OCCURRED EARLY AND THEY WERE SUSTAINED OVER TIME. COLEMAN IS STILL EXERCISING AS IF IT HASN'T - AND IS A FIRM BELIEVER IN THE BENEFITS. ALTHOUGH THE STUDY HAS ENDED, WHEN YOU EXERCISE, YOU'RE HELPING YOUR HEART PUMP THE BLOOD THROUGH YOUR BODY, YOU'RE HELPING YOUR ORGANS, YOU'RE HELPING YOURSELF FEEL GOOD, AND WHEN YOU FEEL GOOD, YOU CAN DO MORE, SO EXERCISE HAS BEEN LIFE CHANGING FOR ME. BROLL PATIENT EXERCISING HALEY WELDON, THE JAMA REPORT. ANCHOR TAG: RESEARCHERS SAY THAT, AMONG OTHER THINGS, A DROP IN ADHERENCE TO THE HOME- BASED EXERCISE PROGRAM OVER TIME MAY HAVE IMPACTED THE STUDIES' RESULTS.

LENGTH-01:01

ISSUE-CRIME 1 SHOW TIME-5:00

THE CAPTAIN OF THE HIJACKED CARGO FREIGHTER OFF THE COAST OF AFRICA IS STILL BEING HELD HOSTAGE BY SOMALI PIRATES ARMED WITH AK-47S. IN AN INTERVIEW WITH C-N-N, THE SECOND MATE SAYS THEY AGREED TO GIVE BACK THE PIRATE THEY CAPTURED IN EXCHANGE FOR CAPTAIN RICHARD PHILLIPS. BUT THE PIRATES GOT ONE OF THEIR OWN BACK. BUT DIDN'T DELIVER PHILLIPS. THE SHIP, CARRYING RELIEF AID, WAS BOARDED BEFORE DAWN. THE 20 UNARMED AMERICAN CREW MEMBERS PUT UP A FIGHT, OVERPOWERED THEIR CAPTORS, AND TOOK BACK CONTROL OF THE SHIP. "THE SITUATION IS FLUID." THE DEPARTMENT OF DEFENSE SAYS A NAVAL WARSHIP THAT IS IN THE AREA IS ON ITS WAY, HOPING TO GET CLOSE ENOUGH TO MONITOR THE SITUATION. "NO CREW MEMBER HAS EVER BEEN INJURED YET, AND THAT'S THE OUTCOME WE HOPE TO HAVE." NO MILITARY ACTION IS PLANNED --SINCE CRISIS NEGOTIATIONS BETWEEN THE SHIP OWNERS AND THE PIRATES CONTINUE. HIJACKING SHIPS IS BIG BUSINESS FOR SOMALI PIRATES WHO LAST YEAR RECEIVED ABOUT \$80 MILLION DOLLARS IN EXCHANGE FOR THE SAFE RETURN OF THE CREWS AND VESSELS. JUST IN THE LAST WEEK, PERHAPS BECAUSE OF CALMER WATERS, 6 SHIPS HAVE BEEN SEIZED.

LENGTH-00:17

ISSUE-CRIME 1 SHOW TIME-6:00

A VENICE MAN IS ROBBED IN HIS CAR. IT HAPPENED AROUND FOUR THIS MORNING ON TANAGER ROAD IN VENICE. DEPUTIES SAY TWO SUSPECTS CAME UP TO 20-YEAR-OLD MATTHEW COONEY. THEY HAD A KNIFE, ROBBED HIM, BEAT HIM UP, AND THEN TOOK OFF RUNNING.

APRIL 9, 2009

LENGTH-00:53

ISSUE-HEALTH 5 SHOW TIME-SUNRISE

JUST LIKE FOOD, MAKEUP HAS A SHELF LIFE. AND WHEN IT EXPIRES, EXPERTS LIKE CLINICAL AESTHETICIAN JILLEEN HOFFMAN SAY IT'S TIME TO TOSS IT OUT. MASCARA FOR INSTANCE HAS A SHELF LIFE OF APPROXIMATELY THREE MONTHS, ONCE IT HAS BEEN OPENED, YOUR LOTIONS AND YOUR CREAMS, ANYTHING THAT IS MADE WITH WATER, GENERALLY HAS A SHELF LIFE OF APPROXIMATELY A YEAR. YOUR DRIER PRODUCTS SUCH AS POWDER WOULD BE PROBABLY TWO YEARS. HOFFMAN SAYS MAKEUP CAN GO BAD WHEN THE PRESERVATIVE SYSTEM BREAKS DOWN. YOU ARE EXPOSING YOURSELF TO BACTERIAL INFECTIONS, CONJUNCTIVITIS, OTHER TYPES OF EYE INFECTIONS, FUNGAL INFECTIONS. HOFFMAN WARNS IF YOU DO GET AN INFECTION, SEE A DOCTOR AND THROW AWAY ANY OPENED MAKEUP PRODUCTS. IF THEY DO CLEAR UP THE INFECTION BUT GO BACK TO THE MAKEUP THEY WERE USING

AT THE TIME THEY HAD THE INFECTION THEY WILL SIMPLY REINTRODUCE THAT BACTERIA. HOFFMAN ALSO RECOMMENDS KEEPING YOUR FINGERS OUT OF MAKEUP JARS TO PREVENT CONTAMINATION. INSTEAD, USE A COTTON SWAB OR BRUSH THAT SHOULD BE CLEANED AT LEAST ONCE A WEEK IN ANTI-BACTERIAL SOAP

LENGTH-02:16

ISSUE-HEALTH 5

SHOW TIME-12:00

WHEN IT COMES TO PUTTING OUR BEST FOOT FORWARD.. AMERICANS GO ALL OUT. LEGALLY BLONDE WHAT'S THE ONE THING THAT ALWAYS MAKES US FEEL BETTER - NO MATTER WHAT? WE BUFF OUR TOES LIKE THE LADIES OF LEGALLY BLONDE. OR WE HAVE A LOVED ONE PAINT THEM LIKE THIS SCENE FROM BULL DURHAM BUT WHAT HAPPENS WHEN THERE'S A FUNGUS AMONG US? JUST ASK MEGHAN RAFFERTY. MEGHAN RAFFERTY IT'S DISCOLORED, IT'S YELLOW. IT'S THICK. IT'S CROOKED, IT JUST LOOKS, IT LOOKS DEAD MEGHAN, LIKE MILLIONS OF AMERICANS, HAS HAD HER TOE FUNGUS FOR 15 YEARS.. IT'S UGLY, EMBARRASSING AND LIKE OTHERS SHE'S SUFFERED IN SILENCE NOT WANTING TO TALK ABOUT IT. AND ... IT'S EASY TO CATCH IT THRIVES IN WET ENVIRONMENTS LIKE NAIL SALONS AND LOCKER ROOMS. AND PEOPLE WILL DO JUST ABOUT ANYTHING TO HIDE IT. MEGHAN RAFFERTY IN YOGA, I WOULD BE EMBARRASSED. I GO TO THE NAIL SALON, AND JUST LIKE THEY PUT TIPS ON YOUR FINGERNAILS, I WOULD GET TIPS ON MY TOENAILS. ONCE THE FUNGUS GETS UNDER YOUR NAIL IT'S DIFFICULT TO TREAT. TOPICAL SOLUTIONS ARE ONLY ABOUT 8% EFFECTIVE... AND THE ONLY OTHER OPTION AVAILABLE HAS BEEN A POPULAR PILL THAT WE ALL KNOW FROM THIS COMMERCIAL BUT ITS 3 MONTHS OF PILLS -- SIDE EFFECTS NEED TO BE CLOSELY MONITORED WITH BLOOD TESTS -- AND THEN 10 - 12 MONTHS FOR THE NAIL TO RE-GROW. BUT NOW THERE IS NEW HOPE FOR TOE NAIL FUNGUS DONE IN JUST ONE DOCTOR VISIT - IN 30 MINUTES!! STRAIGHT OUT OF A SCIENCE FICTION FILM IT'S A LASER... DR. GARY EVANS // NEW YORK CITY PODIATRIST THE LASER BEAM TRAVELS THROUGH THE NAIL, TO THE LEVEL OF THE NAIL FUNGUS AND KILLS THE FUNGUS INSTANTLY. PODIATRIST GARY EVANS HAS BEEN USING THE LASER FOR JUST A FEW MONTHS HE SAYS IT'S EXCITING BECAUSE IT'S PAINLESS AND SIDE- EFFECT FREE. MEGHAN RAFFERTY (DURING PROCEDURE) I DON'T FEEL ANYTHING. DR. GARY EVANS // NEW YORK CITY PODIATRIST (WHILE PERFORMING PROCEDURE) WE HAVE TO GO IN CERTAIN PATTERNS TO MAKE SURE WE GET EVERY LITTLE MILLIMETER OF THE NAIL PLATE. IT TAKES LESS THAN A HALF HOUR MOVING THE LASER OVER THE NAIL AND WHILE RESULTS AREN'T IMMEDIATE IN MOST CASES THE TOENAIL WILL GROW OUT NORMALLY IN NINE TO TWELVE MONTHS. TRACK #11 02:16 (8 SECS) JUST LOOK AT THESE BEFORES AND AFTERS HERE'S THE TOE BEFORE AND THEN A FEW MONTHS AFTER TREATMENT YOU CAN SEE THE NEW NAIL GROWING IN, HERE. THE MAKER OF THE LASER SAYS IT'S 88% EFFECTIVE - THAT'S BETTER THAN ANYTHING ELSE ALREADY ON THE MARKET. STILL ITS IMPORTANT TO NOTE WHAT WHILE EARLY CLINICAL TRIALS HAVE BEEN SUCCESSFUL- THE LASER ISN 'T YET CLEARED BY THE F-D-A FOR TOENAIL FUNGUS. THOUGH MANY PODIATRISTS HAVE ALREADY STARTED USING THE TECHNOLOGY. BUT IF YOU WANT FUNGUS FREE FEET - YOU'D BETTER BE READY TO PAY UP. RIGHT NOW, THE TREATMENT COSTS 1200 DOLLARS, AND ISN'T COVERED BY YOUR INSURANCE. STILL MEGHAN LOOKS FORWARD TO THE DAY SHE CAN SHOW OFF HER NORMAL TOES AND WEAR OPEN TOED SHOES. MEGHAN RAFFERTY: I'M JUST REALLY EXCITED TO SEE WHAT THE RESULTS ARE.

LENGTH-01:19 ISSUE-HEALTH 5 SHOW TIME-5:00

IF YOU WATCH THE COMMERCIALS, SOFT DRINKS MAKE US SING, THEY MAKE US SMILE. BUT RESEARCHERS SAY THEY ALSO MAKE US FAT. THERE ARE MANY CONTRIBUTORS TO OBESITY PROBLEM - BUT IF YOU LOOK AT SCIENTIFIC STUDIES CONSUMPTION OF SUGAR SWEETENED BEVERAGES WOULD BE AT OR NEAR THE TOP OF THE LIST THE AVERAGE AMERICAN DRINKS THE EQUIVALENT OF 50 CANS OF SODA A MONTH. AND WE DRINK MORE SODA THAN BOTTLED WATER, MILK OR COFFEE. (GFX SHOWS CARBONATED SOFT DRINKS 28.3%, BOTTLED WATER 10.7%, MILK 10.9%, COFFEE 9.0%...SOURCE BEVERAGE MARKETING GROUP) TODAY'S COMMENTARY IN THE NEW ENGLAND JOURNAL OF MEDICINE SAYS ONE OF THE BEST WAYS TO REDUCE THIS INTAKE...IS TO TAX IT. A 1 PENNY PER OUNCE TAX - ON SUGARED BEVERAGES COULD LEAD TO ABOUT A 10 PERCENT REDUCTION IN POPULATION CONSUMPTION WHICH COULD BE A PUBLIC HEALTH HOME RUN THERE IS HISTORICAL PRECEDENT...LOOK AT CIGARETTE TAXES. STUDIES ESTIMATE A 10 PERCENT HIKE IN CIGARETTE PRICES LED TO 2 PERCENT REDUCTION IN ADULT SMOKING RATES. AND A 7 PERCENT REDUCTION IN TEEN SMOKING. BUT A RECENT EFFORT TO TAX SUGARED DRINKS LIKE SODA IN NEW YORK, AND RAISE MORE THAN A BILLION DOLLARS IN REVENUE, DIED AFTER FIERCE LOBBYING FROM THE BEVERAGE INDUSTRY. SOFT DRINKS DON'T PLAY ANY ROLE IN THE OBESITY EPIDEMIC - SOFT DRINKS ARE JUST A FUN BEVERAGE ALONG WITH OTHER BEVERAGES AND FOOD THAT WE LIKE TO EAT OR DRINK. IT'S EATING TOO MUCH OF SOMETHING THAT IS A PROBLEM. IS IT FAIR FOR THE GOVERNMENT TO TRY TO TAX INTO A CERTAIN BEHAVIOR??? OPINION IS MIXED. 1709 IT'S RIDICULOUS TO TAX THAT SODA IT'S FOR THE POOR GUY MOS-- I WOULD PROBABLY DRINK A LOT LESS MOS 10451 THEY CAN TAX THE HECK OUT OF IT, GO FOR IT!!!! WHAT IF THE GOVERNMENT PUT A TAX ON YOUR SODA I'M NOT SURE!!!! BUT PUBLIC HEALTH EXPERTS ARE SURE SOMETHING NEEDS TO BE DONE TO FIGHT OBESITY...SOME BELIEVE SOFT DRINKS ARE A GOOD PLACE TO START.

LENGTH-00:19 ISSUE-CRIME 1 SHOW TIME-6:00

SARASOTA COUNTY SHERIFF'S DEPUTIES NEED YOUR HELP TO TRACK DOWN THE MAN WHO ROBBED A SOUTH COUNTY CONVENIENCE STORE THIS MORNING AT GUN POINT. IT HAPPENED JUST BEFORE 11:30 AT THE SAVE-A-STEP FOOD MART ON CHURCH STREET IN NOKOMIS. DEPUTIES SAY THE ARMED ROBBER TIED UP A STORE WORKER AND LEFT WITH CASH.

LENGTH-01:27 ISSUE-CRIME 1 SHOWTIME- 12:00

ALMOST 25 YEARS AFTER JANET SASS WAS BRUTALLY RAPED AND MURDERED, AUTHORITIES HAVE MADE AN ARREST IN THE CASE. JAMES GLENNWOOD CLARK, 50, NOW LIVING IN SARASOTA, WAS ARRESTED THURSDAY ON CHARGES THAT HE RAPED AND MURDERED THE 32-YEAR-OLD WOMAN, WHOSE BATTERED AND BLOODY BODY WAS FOUND IN HER BEDROOM. SASS, WHO WORKED AT THE GARDEN LOUNGE (NOW

THE LOADING ZONE), LIVED ACROSS FROM THE ARCADIA CHRYSLER DEALER WHERE CLARK WORKED AS A PARTS MANAGER. AT 5:02 A.M. ON JULY 21, 1984, SASS DIALED 911, SAYING SHE HAD BEEN STABBED AND NEEDED HELP. SHE WAS UNABLE TO GIVE THE OPERATOR HER ADDRESS AND THE PHONE COMPANY HAD TO HELP TRACE THE LOCATION. DEPUTIES ARRIVED AT 5:34 A.M. AND FOUND SHE HAD DIED. THE CAUSE OF DEATH WAS A STAB WOUND TO THE CHEST, AND HER BODY WAS MARKED WITH SEVERAL OTHER WOUNDS AND ABRASIONS. A BLOOD-COVERED KNIFE AND A RIFLE WERE FOUND IN THE ROOM. CLARK WAS AMONG SEVERAL PEOPLE OF INTEREST QUESTIONED IN 1984. ONE REPORT INDICATED CLARK MADE LEWD AND SUGGESTIVE REMARKS IN SASS'S PRESENCE. AT THE TIME, SAMPLES WERE COLLECTED FROM HER BODY AND FROM THE CRIME SCENE, INCLUDING SAMPLES OF BODILY FLUIDS AND HAIRS. ALMOST 20 YEARS LATER, SGT. KIM SANDOVAL OF THE DESOTO COUNTY SHERIFF'S OFFICE SENT SOME OF THOSE SAMPLES TO THE FLORIDA DEPARTMENT OF LAW ENFORCEMENT FOR DNA ANALYSIS. TESTING CONFIRMED A DNA MATCH BETWEEN THE BODY FLUIDS AND HAIRS SANDOVAL HAD SENT FOR TESTING. SANDOVAL LATER ASKED CLARK TO VOLUNTEER A SAMPLE FOR DNA TESTING, BUT HE DID NOT PROVIDE IT. SANDOVAL THEN COLLECTED MATERIALS FROM CLARK'S PLACE OF WORK, AND TESTING CONFIRMED A DNA MATCH WITH THE CRIME SCENE MATERIAL. CLARK WAS ARRESTED BY THE SARASOTA COUNTY SHERIFF'S OFFICE THURSDAY. DUE TO A PREEXISTING MEDICAL CONDITION, CLARK WAS FIRST BROUGHT TO A HOSPITAL, BUT WAS EXPECTED TO BE BOOKED IN THE SARASOTA COUNTY JAIL LATER AND THEN TO BE TRANSPORTED TO THE DESOTO COUNTY JAIL. CLARK IS BEING HELD ON NO BOND.

LENGTH-01:26 ISSUE-HEALTH 5 SHOW TIME-12:00

IT STARTED OUT LIKE ANY OTHER YOGA CLASS I'VE TAKEN BEFORE. GRAB YOUR MAT-- GRAB YOUR BLOCKS--AND FIND A SPOT. SURE I THOUGHT THIS WAS A LITTLE WEIRD LASHUAN DALE:"I SEE A LOT OF NEW FACES THAT HAVE YET TO SLEEP WITH ME" BUT HEY IT'S BEEN A WHILE SINCE I'VE DONE YOGA-- SO I WENT ALONG. MY MOVES WERE A LITTLE SHY OF TEXTBOOK-- MY DOWNWARD DOG WAS AN UPHILL BATTLE--MY FLEXIBILITY... COMPRABLE TO STEEL--AND THIS... ..WELL THAT LOOK SAYS IT ALL. A SELF CONSCIOUS 30 MINUTES LATER...AND THE CLASS TOOK AN INTERESTING TURN. LASHUAN DALE:: NOTHING ELSE TO DO BUT BE STILL YES...IT WAS NAP TIME. A ROOM FULL OF US COVERED IN BLANKETS. THE SOOTHING TUNES REPLACED BY SNORING. SOME PEOPLE CAN SLEEP; SOME PEOPLE JUST REST AND MEDIATE A LITTLE BIT, BUT THE POINT IS TO RELAX. AND TO MAKE THAT AS AN APPOINTMENT THAT WE CAN SCHEDULE EVERY SINGLE DAY." THE IDEA BEHIND LASHAUN DALE'S CLASS IS TO RELEASE ALL PHYSICAL TENSION THRU STRENUOUS STRETCHING AND THEN TO DRIFT INTO A CALMING SLEEP. YOU ONLY GET ABOUT FIFTEEN MINUTES TO SNOOZE AND THEN THE BELL WAKES YOU. SURE IT'S NICE, BUT CAN A FIFTEEN MINUTE NAP REALLY MAKE A DIFFERENCE? " IF YOU FEEL THAT IT'S RESTORATIVE AND HELPFUL TO YOU TO YOU THEN GREAT, BUT I DON'T THINK WE EXACTLY KNOW THAT THE COMPOSITION OF SLEEP THAT YOU'RE GETTING, WHETHER OR NOT THAT ACTUALLY TRANSLATES TO SOME SPECIFIC SYMPTOMATIC BENEFIT." BETWEEN THE NICE WARM BLANKET AND THE SOFT MOOD LIGHTING YOU SHOULD BE ABLE TO FALL ASLEEP FOR AT LEAST A GOOD 10 MINUTES. LOOKING AROUND THE OTHER PEOPLE ARE FALLING ASLEEP. "DID YOU FALL ASLEEP?" HELEN BELLER:"YEAH." VINITA:: "YOU DID? FOR THE WHOLE 10 MINUTES?" HELEN BELLER DEIRDRE CAVANAGH: "I DIDN'T FALL ASLEEP, BUT I DEFINITELY ALMOST FELL ASLEEP ***VINITA: "I HEARD SOMEBODY SNORING OVER IN THIS CORNER"

LENGTH-00:20 ISSUE-CRIME SHOW TIME-6:00

IN CHARLOTTE COUNTY, A HOMELESS MAN IS ARRESTED, FOR STALKING AND ATTACKING A WOMAN. DEPUTIES SAY 35-YEAR-OLD SAMUEL FOSTER FOLLOWED THE VICTIM SEVERAL TIMES AS SHE RODE HER BIKE HOME FROM THE FAST FOOD RESTAURANT WHERE SHE WORKED. SHE SAYS A MAN CAME OUT OF NOWHERE AND ATTACKED HER. SHE WAS ABLE TO GET AWAY. WHEN FOSTER WAS ARRESTED, DEPUTIES SAY HE ADMITTED TO THE CRIME.

APRIL 11, 2009

LENGTH-00:27 ISSUE-CRIME 1 SHOW TIME-EARLY

THIS STORY WILL MAKE YOU THINK TWICE ... BEFORE HIRING YOUR NEXT BABYSITTER. OFFICIALS SAY A FLORIDA WOMAN FELL ASLEEP IN THE BATHROOM ...WHILE A TODDLER SHE WAS SUPPOSED TO BE WATCHING WANDERED THE STREET. PORT ST. LUCIE POLICE FOUND THE 2-YEAR-OLD BOY ON A CANAL BANK FRIDAY ...WITH TWO ALLIGATORS NEARBY IN THE WATER! THEY LATER FOUND THE 26-YEAR-OLD BABY SITTER ... ASLEEP ON THE TOILET . WITH A BOTTLE OF OXYCONTIN. SHE WAS CHARGED WITH CHILD NEGLECT.

APRIL 12, 2009

NOTHING

APRIL 13, 2009

LENGTH-00:25 ISSUE-CRIME 1 SHOW TIME-SUNRISE

IN MANATEE COUNTY, INVESTIGATORS WILL REVIEW SURVEILLANCE VIDEO AFTER A BANDIT MAKES OFF WITH THOUSANDS OF DOLLARS FROM A CONVENIENT STORE. IT HAPPENED OVER THE WEEKEND AT THE "STOP AND SHOP" STORE IN THE 36-HUNDRED BLOCK OF U-S 301 NORTH. DEPUTIES SAY A CUSTOMER ASKED THE STORE OWNER TO CHANGE A HUNDRED DOLLAR BILL AND WHILE THE OWNER WAS IN THE

BACK TO GET CHANGE, THE CUSTOMER APPARENTLY STOLE THE CASH AND FLED THE STORE.

LENGTH-00:58

ISSUE-HEALTH 5

SHOW TIME-SUNRISE

IN THE UNITED STATES, INCREASING NUMBERS OF INFANTS ARE BORN AT A LOW BIRTH WEIGHT, PLACING THEM AT RISK FOR DEVELOPMENTAL PROBLEMS. CURRENTLY, NEARLY 9% OF AMERICAN BABIES ARE BORN AT A LOW BIRTH WEIGHT - THE HIGHEST LEVEL IN FOUR DECADES. MANY FACTORS DETERMINE A BABY'S WEIGHT AT BIRTH, INCLUDING THE TIMING OF THE BIRTH, THE MOTHER'S HEALTH, AND PRENATAL EXPOSURE TO DRUGS, TOBACCO, AND ALCOHOL. BUT NEW RESEARCH SUGGESTS THAT AIR POLLUTION MAY ALSO CONTRIBUTE TO THE PROBLEM. DOCTORS ANALYZED BIRTH RECORDS FOR MORE THAN 330,000 INFANTS IN NEW JERSEY. THEY USED INFORMATION FROM THE ENVIRONMENTAL PROTECTION AGENCY TO DETERMINE POLLUTION LEVELS NEAR THE MOTHER'S HOME ADDRESS. RESULTS SHOWED THAT THE ODDS OF LOW BIRTH WEIGHT INCREASED 4 PER CENT FOR EVERY UNIT INCREASE IN AIR POLLUTION. THE STUDY ALSO FOUND THAT POLLUTION'S EFFECTS ON FETAL GROWTH WERE EVEN GREATER FOR BABIES ALREADY AT HIGHER RISK DUE TO PREGNANCY COMPLICATIONS. RESEARCHERS THEORIZE THAT PARTICLES IN THE AIR MAY ENTER THE MOTHER'S SYSTEM AND AFFECT THE RATE OF BLOOD FLOW TO THE BABY.

LENGTH-02:02

ISSUE-HEALTH 5

SHOW TIME-12:00

TAMMY MUDD IS OBSESSED WITH HER UGG-STYLE BOOTS - SHE'S GOT SEVEN PAIRS IN HER CLOSET AND NEVER WANTS TO TAKE THEM OFF. TAMMY MUDD ANY COLOR I WOULD TAKE, ANY STYLE I WOULD TAKE I LOVE THEM ALL YOU CAN'T HAVE ENOUGH OF THEM. SHE'S NOT THE ONLY ONE. THE BOOT WITH SUEDE OUTSIDE AND SHEEPSKIN INSIDE IS THE LATEST FOOTWEAR CRAZE.. CELEB MUST-HAVE AND A FAVORITE AMONG YOUNG AND OLD. EVEN DURING THESE TOUGH TIMES, UGG AUSTRALIA SALES ARE UP.... AND KNOCK- OFFS ARE EVERYWHERE. MOS: THEY'RE JUST SIMPLY COMFORTABLE, THEY'RE LIKE WEARING SLIPPERS I LOVE MY UGG BOOTS! BUT DESPITE THEIR POPULARITY, PODIATRISTS ACROSS THE COUNTRY ARE TELLING UGG LOVERS TO "WATCH THEIR STEP." IT MAY FEEL CUSHIONY, IT MAY FEEL COMFORTABLE, BUT IT DOESN'T MEAN THEY'RE GETTING THE NECESSARY ARCH SUPPORT THAT A FOOT NEEDS TO FUNCTION EFFECTIVELY. DR ROCK POSITANO A PODIATRIST IN NEW YORK CITY SAYS ARCH SUPPORT IS IMPORTANT FOR HELPING THE FOOT TO ABSORB SHOCK. LACK OF SUPPORT IN YOUR SHOE ... MEANS TROUBLE FOR YOUR FOOT. WHAT THAT LEADS TO IS OVERUSE, MEANING THE MUSCLES, THE TENDONS, THE LIGAMENTS, AND THE BONES IN THE FOOT AND THE ANKLE OVER WORK. A RECENT STUDY JUST CAME OUT THAT SHOWED THE CORRELATION BETWEEN A FLAT ARCH, AND PROBLEMS WITH THE KNEE, THE HIP, AND THE BACK. AND SADLY THIS MEANS THE BELOVED FLIP FLOP IS OUT TOO!! FOR OUR FAITHFUL UGG BOOT LOVERS, THIS NEWS IS HARD TO BELIEVE. TWO WOMEN IN UNISON: REALLY? I DON'T AGREE WITH THAT, FROM MY POINT OF VIEW. SO WHAT SHOULD WE

BE WEARING? THE TYPES OF SHOES THAT ARE BEST ARE USUALLY A SEMI-RIGID SHOE THAT'S NOT TOO FLEXIBLE, THAT HAS A SMALL HEEL. MECHANICALLY, THAT MAKES THE FOOT AND THE ANKLE WORK NOT NEARLY AS HARD AS IT NORMALLY WOULD. BUT IF YOU'RE WORRIED ABOUT YOUR FEET, YOU DON'T HAVE TO GIVE UP YOUR UGG STYLE BOOTS FOREVER. DR POSITANO SUGGESTS GETTING A FOOT INSERT - OVER THE COUNTER OR PRESCRIPTION - TO ADD ARCH SUPPORT TO THE BOOTS. ROCK POSITANO // HOSPITAL FOR SPECIAL SURGERY WE TRY TO TELL OUR PATIENTS THAT UGGS ARE OKAY TO WEAR IN A SOCIAL SITUATION. BUT TO GO OUT FOR A LONG WALK OR A HIKE OR RECREATIONAL ACTIVITIES, IT'S NOT A GOOD IDEA. MEANWHILE, TAMMY.. AND OTHERS ARE DETERMINED TO CONTINUE WEARING THEIR UGG- STYLE BOOTS TAMMY MUDD: IT'S NOT GOING TO STOP ME FROM WEARING THEM. MOS I WILL PROBABLY WEAR MY UGGS ALL THE TIME LIKE I DO NO MATTER IF PEOPLE SAY THEY'RE BAD OR NOT. I JUST LOVE THEM, THEY'RE COMFORTABLE. I BOUGHT MY MOM A PAIR I BOUGHT MY AUNT A PAIR - SO WE ALL LOVE THEM. I WILL WEAR UGG BOOTS ALL THE TIME, NO MATTER WHAT!!

LENGTH-01:19 ISSUE-CRIME 11 SHOW TIME-5:00

28-YEAR-OLD MELISSA HUCKABY REMAINS ON SUICIDE WATCH AT THIS CALIFORNIA JAIL. TOMORROW, THE SUNDAY SCHOOL TEACHER IS EXPECTED TO BE FORMALLY CHARGED WITH KIDNAPPING AND MURDERING HER DAUGHTER'S PLAYMATE, 8-YEAR-OLD SANDRA CANTU:"WE COULDN'T BELIEVE THAT THE MOTHER OF A LITTLE GIRL THAT SHE USED TO PLAY WITH WAS THE ONE THAT KILLED HER ALLEGEDLY." HUCKABY'S FAMILY IS IN DISBELIEF AS WELL....SAYING THE ALLEGATIONS ARE COMPLETELY OUT OF CHARACTER:"SHE'S A FANTASTIC MOTHER...VERY VERY LOVING VERY LOVING...IT'S A GREAT SADNESS FOR OUR FAMILY." POLICE BELIEVE THE SECOND-GRADER WAS KILLED SOON AFTER THIS SURVEILLANCE VIDEO WAS RECORDED MARCH 27TH. SANDRA WAS ON HER WAY TO HUCKABY'S HOME TO PLAY. MORE THAN A WEEK LATER HER BODY WAS DISCOVERED STUFFED IN A SUITCASE FLOATING IN AN IRRIGATION POND, THE BREAK IN THE CASE CAME LAST FRIDAY WHEN THIS LOCAL NEWSPAPER REPORTER INTERVIEWED HUCKABY ABOUT THE SUITCASE. Q: "DO YOU KNOW WHERE IT CAME FROM?" A: "YEAH, IT'S MINE." POLICE SAY WHAT HUCKABY TOLD THE NEWSPAPER CONFLICTED WITH WHAT SHE TOLD THEM. STILL, THEY ARE AT A LOSS TO EXPLAIN THE KILLING."WE DO NOT HAVE A MOTIVE, AND WE HAVE NOT BEEN ABLE TO DEVELOP ONE." HUCKABY WAS ON PROBATION FOR PETTY THEFT. HER FAMILY SAYS SHE SUFFERED FROM DEPRESSION AND AFTER A DIVORCE STRUGGLED WITH HOLDING A JOB AND RAISING HER DAUGHTER . HUCKABY'S FAMILY HAS NOT BEEN ALLOWED TO SEE HER SINCE HER ARREST.TOMORROW THEY FINALLY WILL-- IN COURT.

LENGTH-01:07 ISSUE-CRIME 1 SHOW TIME-5:00

IN SOMALIA GUNS ARE THE LAW OF THE LAND. BUT YESTERDAY THREE SOMALI PIRATES HOLDING CAPTAIN RICHARD PHILLIPS HOSTAGE WERE SHOT AND KILLED BY SNIPERS FROM THE US NAVY. CREW MEMBERS FROM THE MAERSK ALABAMA, WHO WERE ONCE HOSTAGES THEMSELVES, CHEERED THEIR CAPTAINS RELEASE ABOARD THEIR SHIP NOW DOCKED IN MOMBASA. THEY ALSO CALLED FOR MORE SECURITY ON THE HIGH SEAS. "WE'D LIKE TO IMPLORE THE PRESIDENT TO USE ALL HIS RESOURCES TO END THIS SOMALI PIRATE SCOURGE." BUT THAT SECURITY COULD COME AT A PRICE. TODAY SOMALI PIRATES WARNED THEY WOULD TAKE REVENGE FOR THE LOSS OF THEIR FELLOW PIRATES, THREATENING RETALIATORY ATTACKS. THERE ARE MORE THAN 200 INTERNATIONAL CREW MEMBERS STILL BEING HELD HOSTAGE BY SOMALI PIRATES. OFFICIALS SAY THEY ARE CONCERNED ABOUT THEY WILL BE TREATED FOLLOWING CAPTAIN PHILLIPS RESCUE. "THIS COULD ESCALATE VIOLENCE IN THIS PART OF THE WORLD. NO DOUBT ABOUT IT. A JOINT PIRACY TASK FORCE LED BY THE US NAVY IS ALREADY PATROLLING THE GULF OF ADEN NEAR THE SOMALI COAST, AND HAS ALREADY ARRESTED SEVEN PIRATES, CAUGHT RED-HANDED DURING A PATROL EARLIER THIS YEAR. THOSE PIRATES ARE NOW BEING HELD IN KENYA, WHICH STRUCK A DEAL WITH THE U.S. GOVERNMENT TO PROSECUTE SUSPECTED PIRATES. THE ONLY PIRATE HOLDING CAPTAIN PHILLIPS TO ESCAPE ALIVE IS NOW IN NAVY CUSTODY-- AND EXPERTS SAY HE MAY BE TRIED IN THE UNITED STATES.

LENGTH-00:27 ISSUE-CRIME 1 SHOW TIME-6:00

IN SARASOTA COUNTY, DEPUTIES ARE INVESTIGATING AN EARLY MORNING HOME INVASION IT HAPPENED AROUND TWO-THIRTY THIS MORNING AT A HOME IN THE 47-HUNDRED BLOCK OF THEODORE AVENUE. THAT'S NEAR THE INTERSECTION OF PROCTOR AND MCINTOSH ROADS. DEPUTIES SAY A MAN BURST INTO THE HOME AND SHOT ONE MAN INSIDE...35-YEAR-OLD THOMAS CASSERTA. HE WAS AIRLIFTED TO A HOSPITAL IN CRITICAL, BUT STABLE CONDITION.

APRIL 14, 2009

LENGTH-00:19 ISSUE-CRIME 1 SHOW TIME-SUNRISE

A MAN REMAINS IN THE MANATEE COUNTY JAIL THIS MORNING ON ASSAULT CHARGES INVOLVING HIS SON. DEPUTIES SAY 48-YEAR-OLD RONALD ROUTH AND HIS SON WERE ARGUING OVER MONEY WHEN ROUTH THREATENED HIS SON WITH A KNIFE AND THEN A GUN. AND DEPUTIES SAY HE FIRED A GUN SHOT AS HIS SON TRIED TO LEAVE IN A CAR. THE SON WASN'T HIT. ROUTH IS CHARGED WITH AGGRAVATED DOMESTIC ASSAULT AND SHOOTING INTO AN OCCUPIED VEHICLE.

LENGTH-00:36 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

THERE'S A STORY THAT'LL MAKE YOUR SKIN CRAWL. THE FEDERAL GOVERNMENT IS WAKING UP TO THE GROWING NIGHTMARE OF BEDBUGS. THE TINY REDDISH-BROWN INSECTS, WERE LAST SEEN IN GREAT NUMBERS PRIOR TO WORLD WAR II. THEY HAVE INFESTED COLLEGE DORMITORIES, HOMELESS SHELTERS AND SWANKY HOTELS FROM NEW YORK CITY TO CHICAGO TO WASHINGTON. THEY LIVE IN THE CREVICES OF MATTRESSES, SOFAS AND SHEETS. AND BEFORE DAWN, EMERGE TO FEED ON HUMAN BLOOD, LEAVING BITES THAT CAN CAUSE ALLERGIC REACTIONS AND INFECTIONS. THE PROBLEM IS THE SUBJECT OF A FIRST-EVER BEDBUG SUMMIT HOSTED BY THE ENVIRONMENTAL PROTECTION AGENCY TODAY AND TOMORROW IN ARLINGTON VIRGINIA. EHK!

LENGTH-00:54 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

COLORECTAL CANCER IS THE THIRD LEADING CAUSE OF CANCER DEATHS IN AMERICAN MEN AND WOMEN, CLAIMING 50,000 LIVES ANNUALLY. BUT NEW RESEARCH FROM BRITAIN FINDS PEOPLE CAN DRAMATICALLY CUT THEIR RISK OF COLON CANCER BY FOLLOWING FIVE SIMPLE TIPS: FIRST, LIMIT CONSUMPTION OF RED MEAT AND PROCESSED MEAT SUCH AS SAUSAGE TO NO MORE THAN ABOUT 3 OUNCES PER DAY. SECOND, EAT PLENTY OF FRUITS AND VEGETABLES - AT LEAST 5 SERVINGS PER DAY. THIRD, DO NOT DRINK ALCOHOL TO EXCESS. WOMEN SHOULD NOT EXCEED 2 DRINKS PER DAY AND MEN SHOULD DRINK NO MORE THAN 3 PER DAY. FOURTH, EXERCISE AT LEAST 30 MINUTES PER DAY, FIVE TIMES PER WEEK. NOT ONLY DOES PHYSICAL ACTIVITY REDUCE CANCER RISK ON ITS OWN, BUT IT CAN HELP YOU WITH TIP NUMBER FIVE: MAINTAIN A HEALTHY BODY WEIGHT. RESEARCHERS ESTIMATE THAT FOLLOWING THESE FIVE STEPS CAN CUT CANCER RISK BY 32% IN MEN AND 18% IN WOMEN - BUT FOR FULL PROTECTION, THEY ALSO RECOMMEND REGULAR COLON CANCER SCREENING FOR THOSE OVER AGE 50.

LENGTH-01:27 ISSUE-HEALTH 5 SHOW TIME-12:00

THE DENTIST MAY NOT BE ABLE TO DIAGNOSE A RECESSION. BUT HE DOES DEAL WITH ITS EFFECTS. JUST ASK CINDY JENKINS. SHE WAS WONDERING WHY SHE RECENTLY WOKE UP EVERY DAY WITH A HEADACHE. DID YOU REALIZE YOU WERE GRINDING YOUR TEETH? CJ: I HAD NO IDEA. I WAS WONDERING WHY I WAS GETTING SO MANY HEADACHES. IT WAS FRUSTRATING WAKING UP EVERYDAY WITH A HEADACHE. IT'S NOT FUN. BUT DR RONAN FREYNE SAYS TEETH GRINDING IS VERY COMMON, ESPECIALLY IN THIS ECONOMY. YOU'VE BEEN SEEING THAT A LOT LATELY? RF: SEEING A LOT OF IT, YES. RECESSIONS CAN BE HARD ON YOUR HEALTH IN ALL SORTS OF WAYS. PSYCHOLOGISTS REPORT ANXIETY AND DEPRESSION ARE ON THE RISE. STUDIES HAVE ALSO SHOWN THAT DURING HARD TIMES, THE NUMBER OF STRESS-RELATED ULCERS TENDS TO SPIKE. PERHAPS THAT'S WHY SALES OF ANTACID MEDICATION ARE REPORTEDLY UP 8-PERCENT. - CHECKING IN AT DOCTORS OFFICE MELINDA FARINA IS A YOUNG BUSINESS-WOMAN WHO, IN OCTOBER, SUDDENLY LOST HALF OF HER CLIENTS. THAT'S WHEN THE INSOMNIA STARTED

TAKING OVER. AND THE ANXIETY // IT'S LIKE A DOWNWARD SPIRAL NOW... MELINDA IS NOT ALONE. MILLIONS OF AMERICANS ARE LOSING SLEEP OVER THE ECONOMY. THE OVERALL STRESS LEVEL IS UP. IT'S AT AN ALL TIME HIGH. // WE ARE USED TO SEEING HIGH END EXECUTIVES COME IN AND COMPLAIN ABOUT PANIC ATTACKS AND LACK OF SLEEP, BUT NOW IT'S AT AN ALL TIME HIGH. THERE'S ALSO A SECONDARY THREAT: IN TOUGH TIMES, PEOPLE ARE MORE LIKELY TO SMOKE... AND DRINK... TO CALM THEIR NERVES. AND WHAT MAY BE THE SCARIEST FIGURE OF ALL: IN JANUARY, THE NUMBER OF CALLS TO THE NATIONAL SUICIDE PREVENTION HOTLINE JUMPED 50 PERCENT OVER THE PREVIOUS YEAR. BUT FOR MOST OF US, THE SYMPTOMS ARE MUCH LESS DRASTIC. NATS (DENTIST EXAM) AND, HAPPILY FOR CINDY JENKINS, EASILY TREATED. YOU'RE ALL SET CINDY. SEE YOU IN A FEW WEEKS. WOULDN'T IT BE NICE IF THE HEALTH OF OUR ECONOMY WERE AS EASY TO CURE?

LENGTH-00:34 ISSUE-CRIME 1 SHOW TIME-6:00

A RASH OF HOME INVASIONS HAS LAW ENFORCEMENT ACROSS THE SUNCOAST CONCERNED. THE SARASOTA COUNTY SHERIFF'S OFFICE ANNOUNCING TODAY.. IT IS JOINING FORCES WITH THE MANATEE SHERIFF'S OFFICE, SARASOTA AND BRADENTON POLICE DEPARTMENTS... AND THE FBI ON SOLVING THIS CASE.. OVER THE PAST TWO MONTHS, A NUMBER OF WOMEN HAVE BEEN ATTACKED IN OR NEAR THEIR HOMES. IN EACH ATTACK.. THE MAN HAS WORN A MASK.. AND INVESTIGATORS BELIEVE HE MAY BE LOOKING THROUGH WINDOWS BEFORE ENTERING HOMES. DETECTIVES ARE URGING HOMEOWNERS TO LOCK THEIR DOORS AND WINDOWS, AND CALL LAW ENFORCEMENT IF THEY SEE ANYTHING OR ANYONE SUSPICIOUS..

LENGTH-00:23 ISSUE-CRIME 1 SHOW TIME-6:00

SARASOTA POLICE SAY TWO MEN BROKE INTO A HOME AND TRIED TO BREAK INTO ANOTHER IN THE SOME AREA OF SOME OF THOSE HOME INVASIONS.. BUT POLICE SAY.. THEY ARE *NOT* RELATED TO THOSE VIOLENT CRIMES.. POLICE SAY ONE OF THE BURGLARIES HAPPENED THIS MORNING ON FLOYD STREET IN SARASOTA. THE TWO MEN ALSO TRIED TO BREAK INTO A HOME ON OLEANDER STREET.. BUT THE HOMEOWNER SCARED THEM OFF.. NO ONE WAS HURT.. AND THE BURGLARS GOT AWAY..

APRIL 15, 2009

LENGTH-00:55 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

LUCILLE JAESSION SPENDS A LOT OF TIME THESE DAYS PRACTICING MEDITATION AND YOGA. NOT ONLY ARE THEY GOOD FOR HER HEALTH BUT THEY HELP RELIEVE HER REGULAR TENSION HEADACHES. YOUR MUSCLES FEEL MORE LIKE A TAUT RUBBER BAND AND THEN IT ALSO FEELS A LITTLE BIT LIKE A VISE, YOU KNOW, LIKE SOMEBODY IS PRESSING INWARD. DR. NOSHIR MEHTA IS DIRECTOR OF THE CRANIOFACIAL PAIN CENTER AT TUFTS UNIVERSITY. HE TREATS A LOT OF PATIENTS WITH TENSION HEADACHES. IF YOU GET STRESSED, THE MUSCLES TIGHTEN UP. IF THE MUSCLES TIGHTEN UP, THE JAW MUSCLES TIGHTEN UP, THE HEAD MUSCLES TIGHTEN UP AND THE NECK MUSCLES TIGHTEN UP. THOSE ARE WHAT GIVE PEOPLE THE MAJORITY OF HEADACHES. MEHTA RECOMMENDS SEEING A DOCTOR IF HEADACHES ARE OCCURRING ON A WEEKLY BASIS. HE SAYS PATIENTS DON'T HAVE TO LIVE WITH THE PAIN. WE HAVE THE MEDICATIONS BUT WE ALSO GET PEOPLE INTO PHYSICAL THERAPY, WE GET PEOPLE INTO ACUPUNCTURE OR INTO PSYCHOLOGICAL RELAXATION THERAPY. MEHTA ALSO TAKES A GOOD LOOK IN A PATIENT'S MOUTH TO SEE IF THEY'RE GRINDING THEIR TEETH. HE SAYS HIS THOROUGH APPROACH TO DIAGNOSING AND TREATING THE HEADACHES SEEMS TO BRING RELIEF TO PATIENTS LIKE LUCILLE

LENGTH-02:23 ISSUE-EDUCATION 10 SHOW TIME-SUNRISE

LAMONT BLACK IS PREPARING FOR THE OPERATING ROOM HERE AT THE SARASOTA COUNTY TECHNICAL INSTITUTE. "I'M STUDYING SURGICAL TECHNOLOGY."JUST RECENTLY THESE HANDS WERE BEING USED FOR ANOTHER KIND OF WORK. "I HAD DONE SOME CARPENTRY WORK AND SOME WINDOW WASHING." HEALTH CARE RELATED JOBS ARE GROWING FASTER THEN ANY OTHER IN THE COUNTRY. LAMONT KNEW HE NEEDED A CHANGE. AS YOU MAY HAVE HEARD....HE'S NOT ALONE. "IT SEEMS LIKE A GOOD PORTION OF OUR CLASS IS HERE BECAUSE THEY ARE INTERESTED IN FINDING A JOB THAT IS GOING TO BE LESS EFFECTED BY THE ECONOMY AND BECAUSE OF THE ECONOMY." "WHEN THE UNEMPLOYMENT RATE GOES UP SO DOES OUR ENROLLMENT."FROM THE OPERATING ROOM TO THE MACHINE SHOP. SCTI DIRECTOR TODD BOWDEN SAYS ENROLLMENT IS UP 10 PERCENT FROM JUST LAST YEAR. IT COULD BE MORE IF THEY HAD MORE ROOM."WE BELIEVE WE COULD SUPPORT A 25% INCREASE IN ENROLLMENT IF WE HAD THE FACILITIES TO DO SO. WE HAVE WAITING LISTS AND PROGRAMS THAT WE HAVE NOT SEEN WAITING LISTS BEFORE. SIMPLY BECAUSE OF A SPACE UTILIZATION."THAT MAY BE CHANGING. THIS WEEK CONSTRUCTION WILL BEGIN ON A 50-MILLION DOLLAR REBUILD OF THE CAMPUS. DURING THE NEXT FEW YEARS PORTABLES AND 40-YEAR OLD BUILDINGS WILL TRANSFORM TO A MORE THAN 350-THOUSAND SQUARE FOOT FACILITY. THE SCHOOL BOARD WAS ABLE TO FUND THE PROJECT IN THESE TRYING TIMES THROUGH THE SALE OF BONDS."THE COMMITMENT TO ADULT EDUCATION THAT THIS BOARD HAS SHOWN IS ABSOLUTELY INCREDIBLE." IT ALSO MEANS MORE PROGRAMS AND SPECIALTIES."TV PRODUCTION, LANDSCAPE MANAGEMENT, ADDITIONAL COARSE OFFERINGS IN OCCUPATION SUCH AS HEALTH SCIENCE WHICH WE CURRENTLY JUST DON'T HAVE THE SPACE TO DO." AND THAT HAS THOSE WHO ARE SETTING OUT ON A NEW CAREER PATH HERE EXCITED ABOUT THE FUTURE. "ONE OF THE THINGS THAT APPEALS TO ME IS THERE IS SUCH AN OPPORTUNITY TO CONTINUE TO LEARN. EVEN TO CONTINUE TO SPECIALISE. "

LENGTH-00:59 ISSUE-HEALTH 5 SHOW TIME-6:00

JUST A FEW SUNCOAST CARDIOLOGISTS ARE NOW DOING CATHETERIZATIONS THROUGH THE WRIST.. AND THE RADIAL ARTERY, WHICH IS ONE OF TWO LARGE ARTERIES THAT SUPPLIES THE HAND. WE WENT INTO THE CATH LAB AT SARASOTA MEMORIAL HOSPITAL TO FIND OUT WHY, AND IT'S MAINLY 2 REASONS. FIRST, MORE STUDIES ARE COMING OUT SHOWING THAT A WRIST CATHETERIZATION IS *SAFER*. THEY DIDN'T SHOW THAT BEFORE. BUT NOW RESEARCHERS ARE FINDING THAT PATIENTS ARE HAVING FEWER BLEEDING COMPLICATIONS WITH CATH PROCEDURES DONE THROUGH THE WRIST. AND SOME OF THE SICKEST PATIENTS, AT THE HIGHEST RISK OF DYING FROM BLEEDING, ARE DOING MUCH BETTER WITH THE RADIAL APPROACH. AND SECOND, IT'S MUCH MORE COMFORTABLE FOR THE PATIENT. SO THE BENEFITS ARE STARTING TO REALLY PAY OFF FOR ABOUT A THIRD OF ALL HEART CATH PATIENTS HERE ON THE SUNCOAST. "IT'S REALLY GOOD FOR PEOPLE WITH CHRONIC BACKPAIN BECAUSE THEY GET UP FASTER. YOU CAN LITERALLY WALK OFF THE CATH TABLE AND YOU CAN CERTAINLY SIT UP AFTER THE PROCEDURE. IT'S GOOD FOR PEOPLE WHO ARE QUITE HEAVY BECAUSE IT'S HARDER TO GET UP SAFELY THROUGH THE GROIN AND GOING THROUGH THE RADIAL ARTERY IS GOOD. AND IT'S PROVEN IN STUDIES TO BE BETTER FOR PEOPLE WHO ARE ON HEAVY BLOOD THINNERS. SO THE THINNER YOUR BLOOD IS WITH MEDICATIONS, THE SAFER YOU ARE WITH A RADIAL PROCEDURE.

LENGTH-00:38

ISSUE-CRIME 1 SHOW TIME-11:00

DEPUTIES IN SARASOTA COUNTY ARE LOOKING FOR A MAN WHO SCAMMED TWO ELDERLY VENICE WOMEN. HERE'S A SKETCH OF THE GUY. DETECTIVES SAY HE CALLED THE WOMEN, AND SAID HE WAS A BANK EXAMINER, WHO WAS TRYING TO CATCH AN EMBEZZLING BANK TELLER. HE TOLD THEM THEY WERE GOING TO MEET WITH LAW ENFORCEMENT. BOTH VICTIMS MET WITH THIS MAN, AND TOOK OUT MORE THAN 5-THOUSAND DOLLARS FROM THEIR BANK ACCOUNTS AND GAVE IT TO HIM... THINKING THEY WERE HELPING WITH THE INVESTIGATION. THE MAN IS DESCRIBED A 50-TO-60 YEARS, OLD, AND BETWEEN FIVE-FOOT-9 AND SIX-FEET TALL, WITH AN AVERAGE BUILD AND COMPLEXION.

LENGTH-00:29

ISSUE-CRIME 1 SHOW TIME-11:00

TWO VIOLENT MEN HAVE ESCAPED FROM A FLORIDA PRISON AND ARE ON THE LOOSE TONIGHT. AUTHORITIES THINK THEY KILLED A 66-YEAR-OLD WOMAN AND STOLE TWO CARS. POLICE SAY 23-YEAR-OLD DONI BROWN AND 25-YEAR-OLD TIMOTHY FLETCHER BROKE OUT OF THE PUTNAM COUNTY JAIL IN PALATKA...THAT'S JUST EAST OF GAINESVILLE. IT HAPPENED AROUND FOUR THIS MORNING. LATER, AUTHORITIES DISCOVERED A CAR MISSING AND ITS OWNER DEAD INSIDE THE HOME. AUTHORITIES SAY THE VICTIM WAS RELATED TO ONE OF THE SUSPECTS. THEY ARE NOT SAYING HOW THE PAIR ESCAPED.

LENGTH-00:26 ISSUE-ELDERLY 7 SHOW TIME-11:00

IT'S A CUTE, CUDDLY BABY SEAL AND IT'S BEING USED IN JAPAN TO HELP THE ELDERLY. THIS ROBOT SEAL, MAY LOOK LIKE ANY OTHER TOY. BUT ITS COVERED IN SENSORS. SO IT CAN RESPOND TO A PERSON'S TOUCH AND VOICE. IT'S MEANT TO HELP NURSING HOME RESIDENTS. WHO CAN BE WITHDRAWN AND DISTANT. BUT WHEN THE SEAL SHOWS UP THE CHANGE IS IMMEDIATE. TESTS ARE STILL BEING DONE ON IT'S EFFECTIVENESS. BUT DEMARK HAS ALREADY PURCHASED A THOUSAND OF THE ROBOTS, AND 20 NURSING HOMES IN THE STATES ARE ALSO TESTING THE SEAL.

APRIL 16, 2009

LENGTH-02:01 ISSUE-HEALTH 5 SHOW TIME-12:00

SHAKE IT OR POUR IT, AMERICANS USE TOO MUCH SALT. ALTHOUGH SODIUM PLAYS AN IMPORTANT ROLE IN REGULATING BODY FLUIDS AND BLOOD PRESSURE, HEALTH EXPERTS SAY WE CONSUME 50-PERCENT MORE SODIUM THAN WE SHOULD. DOCTORS SAY ALL THAT SALT CAN CAUSE WATER RETENTION THAT LEADS TO HIGH BLOOD PRESSURE, HEART PROBLEMS AND STROKES. WE KNOW THAT SALT MAKES CELLS ASSUME MORE WATER, ASSUME MORE WEIGHT AND ASSUME A MORE DIFFICULT SITUATION FOR THE BODY TO WORK WELL. HOW MUCH IS ENOUGH? THE AMERICAN HEART ASSOCIATION RECOMMENDS THAT MOST PEOPLE LIMIT SODIUM INTAKE TO NO MORE THAN 2,400 MILLIGRAMS A DAY. THAT'S JUST A LITTLE OVER A TEASPOON. SO WATCH WHAT YOU EAT. SALT IS IN EVERYTHING, ESPECIALLY PROCESSED FOODS LIKE LUNCH MEATS AND EVEN IN THOSE DIET TV DINNERS. IT IS A VERY INEXPENSIVE WAY TO GIVE SOMETHING FLAVOR. BEST THING TO DO? WATCH YOUR LABELS AND COUNT YOUR SALT MILLIGRAMS. FOR THOSE WITH HIGH BLOOD PRESSURE, SOME DOCTORS SAY LOWERING SODIUM INTAKE TO 1,800 MILLIGRAMS WOULD PROBABLY BE HEALTHIER. THAT'S WHY IT'S IMPORTANT TO TALK TO YOUR DOCTOR ABOUT YOUR SALT INTAKE.

LENGTH-00:31 ISSUE-HEALTH 5 SHOW TIME-5:00

YOU MAY HAVE A CHANCE TO SAVE A LIFE. SOME ONE SAVED LITTLE HANNAH MARSH'S LIFE. IN JUNE OF LAST YEAR SHE WAS DIAGNOSED WITH A RARE IMMUNE DISORDER ... AND HER BONE MARROW FAILED. A NATIONAL SEARCH WAS LAUNCHED TO FIND A BONE MARROW DONOR TO SAVE HER LIFE. AND THE MIRACLE HAPPENED. HANNAH HAD THE LIFE SAVING BONE MARROW TRANSPLANT SEPT. 26TH OF LAST YEAR ... THE DAY BEFORE HER 6TH BIRTHDAY. NOW HANNAH'S FAMILY WANTS TO HELP THE 6000 PEOPLE IN THIS COUNTRY STILL SEARCHING FOR A BONE MARROW

MATCH. THEY'RE HOLDING A BLOOD MARROW DRIVE IN HANNAH'S HONOR THIS SATURDAY, APRIL 18TH, AT TWIN LAKES PARK FROM 9 AM TO 1 PM.

LENGTH-00:24 ISSUE-CRIME 1 SHOW TIME-11:00

A TEACHER IS ATTACKED AND ROBBED AT A BRADENTON SCHOOL.. IT HAPPENED THIS MORNING AT THE BRADENTON PREP ACADEMY ON 40TH AVENUE WEST.. HERIFF'S DEPUTIES SAY 51-YEAR OLD CHRIS WESTERFIELD WAS GETTING SOMETHING OUT OF HIS VAN BEFORE CLASSES BEGAN.. WHEN HE WAS HIT ON THE BACK OF THE HEAD.. THE TWO ROBBERS TOOK CASH AND CREDIT CARDS FROM THE MAN'S POCKETS.. WESTERFIELD WAS FOUND UNCONSCIOUS.. AND TAKEN TO BLAKE MEDICAL CENTER FOR TREATMENT..

APRIL 17, 2009

LENGTH-00:34 ISSUE-HEALTH 5 SHOW TIME-5:00

THE MANATEE COUNTY SCHOOL BOARD AND MANATEE COUNTY HEALTH DEPARTMENT HAD A PRESS CONFERENCE TO DISCUSS THE CASE OF TUBERCULOSIS. HEALTH OFFICIALS SAY THE INFECTED INDIVIDUAL ATTENDS OR WORKS AT LAKEWOOD RANCH HIGH SCHOOL... ALSO A SMALL NUMBER OF STUDENTS AT NOLAN MIDDLE SCHOOL ARE ALSO BEING IDENTIFIED AS HAVING CONTACT WITH THIS PERSON. BECAUSE T-B IS SPREAD THROUGH THE AIR... THE SCHOOL BOARD AND HEALTH DEPARTMENT ARE WORKING ON A LIST OF STUDENTS WHO WILL NEED TO BE TESTED FOR TUBERCULOSIS THEMSELVES. WE HAVE A GOOD PLAN IN PLACE...AND IS NOT SOMETHING THAT IS NEW TO US, THAT IS PART OF OUR JOB. THE IMPORTANT THING TO REMEMBER IS THAT TUBERCULOSIS IS TREATABLE, ITS CURABLE, AND IT IS PREVENTABLE.

LENGTH-00:48 ISSUE-HEALTH 5 SHOW TIME-6:00

THE CADETS AT THE SARASOTA MILITARY ACADEMY ARE SAVING LIVES, ONE PINT AT A TIME. THE SCHOOL SPONSORED A BLOOD DRIVE TODAY, AT THEIR CAMPUS IN DOWNTOWN SARASOTA. LAST YEAR, THE SCHOOL HAD MORE DONATIONS.. THAN ANY SCHOOL ITS SIZE IN THE STATE.. AND THEY'RE IN THE RUNNING TO BE REPEAT WINNERS THIS YEAR. CADET CAPTAIN DONALD HUMPHREY IS HELPING THEM

REACH THAT GOAL-- HE'S DONATED OVER A GALLON OF BLOOD IN THE LAST YEAR, AND SAYS HE CAN'T IMAGINE WHY ANYONE WOULDN'T WANT TO DONATE. ONE PINT OF BLOOD SAVES THREE LIVES...THAT'S WHAT I WAS TOLD...THAT'S... ITS AMAZING. THREE LIVES... IF YOU CAN DO THAT JUST BY SITTING DOWN AND BEING POKED BY A NEEDLE FOR A LITTLE BIT. ITS WORTH IT. IT'S DEFINITELY WORTH IT."

APRIL 18, 2009

NOTHING

APRIL 19, 2009

LENGTH-00:42 ISSUE-CRIME 1 SHOW TIME-EARLY

TWO JAIL INMATES WHO ESCAPED FROM A PUTNAM COUNTY JAIL THIS WEEK ... ARE BACK BEHIND BARS. THEY WERE CAPTURED LAST NIGHT. 23-YEAR OLD DONI RAY BROWN ... AND 25-YEAR OLD TIMOTHY FLETCHER ...WERE ARRESTED LAST NIGHT... AFTER A TIPSTER TOLD DETECTIVES ... THE SUSPECTS WERE IN THE PUTNAM COUNTY AREA. BROWN AND FLETCHER MADE THEIR FIRST APPEARANCE LAST NIGHT. THEY WERE CHARGED WITH MURDER ... IN THE DEATH OF HELEN GOOGE SHE WAS A RELATIVE OF ONE OF THE MEN, GOOGE WAS FOUND DEAD ON WEDNESDAY ... AND HER CAR WAS MISSING. THE TWO FUGITIVES WERE PREVIOUSLY JAILED ON OTHER PENDING CHARGES... THEY HAD WORKED TOGETHER ON AN EARLIER ROBBERY ...AND WERE MISTAKENLY PUT IN THE SAME CELL ... BECAUSE OF A RECORDS MIXUP.

APRIL 20, 2009

LENGTH-00:15 ISSUE-CRIME 1 SHOW TIME-12:00

MANATEE COUNTY DEPUTIES ARE INVESTIGATING A DRIVE BY SHOOTING OVER THE WEEKEND IN EAST BRADENTON. DEPUTIES SAY THE SHOTS WERE FIRED AROUND FIVE O'CLOCK SATURDAY MORNING AT A HOME IN THE 26-HUNDRED BLOCK OF SIXTH STREET EAST. NO ONE WAS HURT.

LENGTH-02:05 ISSUE-EDUCATION 10 SHOW TIME-6:00

THESE ARE GOOD DAYS FOR TECHNICAL SCHOOLS. ENROLLMENT IS SKYROCKETING. "WE FIND WHEN THE ECONOMY GOES DOWN PEOPLE WHOSE JOBS ARE PHASED OUT OR NEED NEW TRAINING WILL COME BACK INTO POST SECONDARY TRAINING AND RETRAIN INTO HIGH SKILLS FOR HIGHER WAGES AND ENERGIZING OCCUPATIONS." HERE AT THE FLORIDA SKILLS USA COMPETITION ... STUDENTS ARE COMPETING IN 50 DIFFERENT CONTESTS. "BUSINESS AND INDUSTRY DEVELOPS THE CONTEST AND PROBLEMS AND JUDGE THE PERFORMANCE OF STUDENTS WHO ARE RECOGNIZED AS THE BEST OF THE BEST IN THEIR FIELD." THIS IS CULINARY ARTS COMPETITION. "WE'RE LOOKING AT THE TOTAL PACKAGE ... FOR BASIC SKILLS, SOMETHING SOMEONE WOULD BUY." THIS IS A COMPETITION IN TEAM WORK. WE'RE BASICALLY BUILDING A BATH ROOM ... BRICK VENEER. "THEY'RE BEING JUDGED ON HOW WELL THEY WORK TOGETHER." THIS IS WHAT INDUSTRY HAS TOLD US THEY WANT IN AN EMPLOYEE ITS A PERSON WHO HAS THE ABILITY TO GET ALONG WITH THEM. "LOWE'S IS ONE OF THE SPONSORS. THEY SAY THEY FIND EMPLOYEES HERE. "IT GROWS JOBS PEOPLE COME OUT OF THIS AND GO RIGHT TO WORK IN CONSTRUCTION REMODELING, VERY COMPETENT."

LENGTH-00:22 ISSUE-CRIME 1 SHOW TIME-11:00

POLICE HAVE CHARGED A BOSTON UNIVERSITY STUDENT WITH THE MURDER OF A MASSEUSE....HE FOUND ON CRAIGSLIST. JULISSA BRISMAN WAS FOUND DEAD WITH HER MASSAGE TABLE LAST WEEK AT A BOSTON MARRIOTT. POLICE SAY 22-YEAR OLD BOSTON UNIVERSITY PRE-MED STUDENT PHILLIP MARKOFF WAS ARRESTED TODAY. HE HAS NO PREVIOUS CRIMINAL RECORD. MARKOFF IS ALSO BEING HELD IN CONNECTION WITH TWO OTHER ROBBERIES AT HOTELS IN THE AREA .

APRIL 21, 2009

LENGTH-00:22 ISSUE-CRIME 1 SHOW TIME-SUNRISE

A SUNCOAST REALTOR IS IN TROUBLE, AFTER 150-THOUSAND DOLLARS IN FIXTURES TURN UP MISSING FROM HIS HOME. THE BANK REPOSSESSED A 3-MILLION DOLLAR HOME OWNED BY MARK P- RILEY. IT WAS ON WESTCHESTER CIRCLE IN BRADENTON. WHEN THE BANK'S AGENT WENT TO INSPECT THE HOME, HE FOUND THE GRANITE COUNTER TOPS, CABINETS, CARPET... EVEN THE FIREPLACE WAS GONE. THERE WERE NO SIGNS OF A BREAK-IN, AND THE HOME WAS LOCKED.

LENGTH-01:49

ISSUE-EDUCATION 10 SHOW TIME-6:00

16-YEAR-OLD NELSON COWSERT IS GETTING READY TO START SCHOOL AT MTI IN JANUARY. HE WANTS TO BE A PLUMBER."HANDS ON...GOOD AT IT."NELSON WAS ADOPTED LAST FEBRUARY AND NOW HE'S TAKING ADVANTAGE OF A NEW VOLUNTEER TUTORING PROGRAM AT NEW COLLEGE IN SARASOTA.STUDENT LAUREN FIELDS IS HIS TUTOR,SHE'S STUDYING TO BE A FICTION WRITER.LAUREN AND NELSON MEET ONCE A WEEK AT THE LIBRARY ON THE NEW COLLEGE CAMPUS."THE PROGRAM WAS ALMOST TOO GOOD TO PASS UP...NEXT STEP.....ALL WE WOULD HAVE TO DO IS SHOW UP WITH OUR COLLEGE LEVEL INFO AND TUTOR SOME OF THE STUFF WE REMEMBER FROM HIGH SCHOOL."NELSON SAYS HE WASN'T TOO THRILLED ABOUT THE EXTRA STUDY TIME AT FIRST,BUT NOW... HE'S GRATEFUL.NELSON "NONE OF THE GIRLS IN MY HOUSE ARE GOOD AT MATH."NELSON'S MOM KEENA COWSERT SAYS THE PROGRAM IS CHANGING LIVES. SHE HAS ADOPTED 5 TEENAGERS AND IS IN THE PROCESSING IF ADOPTING 3 MORE.SHE'S A SINGLE MOM AND SAYS HELPING ALL OF THEM WITH HOMEWORK IS ALMOST IMPOSSIBLE."IT'S IMPERATIVE FOR THESE KIDS.. IT'S CERTAINLY BEEN A GODSEND TO OUR FAMILY, WE STRUGGLED GETTING TUTORING AND GETTING FUNDING FOR IT AND KIDS THAT REALLY NEEDED IT WEREN'T GETTING THE RESOURCES BECAUSE OF THE CUTS IN OUR ECONOMY BEING THE WAY IT IS." NEW COLLEGE PSYCHOLOGY STUDENT LAYLA BYRD HELPED GET THE TUTORING PROGRAM STARTED,AFTER SHE CONDUCTED A RESEARCH PROJECT WITH THE SUNCOAST PARTNERSHIP TO END HOMELESSNESS..SHE MET WITH MAGISTRATE SUSAN MAULUCCI WHO CREATED "NEXT STEP"THEN LAYLA ASKED FOR VOLUNTEERS..SO FAR ABOUT 40 NEW COLLEGE STUDENTS HAVE SIGNED UP TO HELP. "THE KIDS THE MENTORSHIP IS HELPING THEM BECOME SELF SUFFICIENT, HELPING THEM BECOME SUCCESSFUL ADULTS AND THAT REALLY SHOULD BE A PRIORITY." KEENA-"LESS THAN FIFTY PERCENT OF FOSTER CHILDREN GRADUATE FROM HIGH SCHOOL SO THIS IS CRITICAL TO HELP THEM GET THE SKILLS THEY NEED TO GRADUATE, AND THEN NOT ONLY THAT BUT TO ALSO GET THEM TO GO TO COLLEGE." AULUCCI SAYS ONLY ABOUT 2 PERCENT OF THE FOSTER CARE TEENAGERS WHO GO TO COLLEGE GRADUATE. NELSON SAYS HE PLANS TO FOLLOW THROUGH,AND WILL USE ALL OF THE HELP HE CAN GET FROM HIS TUTOR WHO'S ALSO BECOMING HIS FRIEND."I HOPE THAT HE'LL GO ON WITH MORE SCHOOL AND HE'LL TAKE ADVANTAGE OF ALL OF THE GREAT THINGS THEY HAVE SET UP FOR FOSTER KIDS BECAUSE WITH HOW MUCH WORK GOES INTO HELPING FOSTER KIDS HE COULD ACTUALLY HAVE A REALLY GREAT COLLEGE EXPERIENCE."

LENGTH-00:18

ISSUE-CRIME 1

SHOW TIME-11:00

A MICHIGAN WOMAN LEARNS THE TRUE MEANING OF A "WONDER BRA."AFTER SPOTTING THREE MEN BREAKING INTO HER NEIGHBOR'S HOME.. THEY SHOT AT HER.. AND THE ONE THING THAT CAME BETWEEN HER AND THE BULLET.. HER UNDERWIRE BRA. NEIGHBORS SAY THE WOMAN WAS IN GOOD SPIRITS AS SHE WAS TAKEN TO AN AMBULANCE. INVESTIGATORS ARE STILL LOOKING FOR THE THREE MEN..

APRIL 23, 2009

LENGTH-00:21 ISSUE-CRIME 1 SHOW TIME-SUNRISE

A DRUG BUST LEADS AUTHORITIES TO A BUGUS MONEY MAKING OPERATION IN CHARLOTTE COUNTY. DETECTIVES SAY 19-YEAR OLD SHANE CARDWELL AND 18-YEAR OLD DANICA BELDEN WERE MAKING COUNTERFEIT 100, 50 AND 20 DOLLAR BILLS. THE TWO WERE BUSTED DURING AN UNDERCOVER OPERATION TO BUY PRESCRIPTION DRUGS FROM A HOME IN PORT CHARLOTTE. IN ALL, AUTHORITIES CONFISCATED ABOUT 27-HUNDRED DOLLARS IN BOGUS BILLS APPARENTLY PRINTED ON A HOME COMPUTER PRINTER.

LENGTH-00:57 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

BARBECUE SEASON IS NEARLY UPON US, A TIME WHEN MILLIONS OF AMERICANS GRILL CHICKEN, STEAK, AND BURGERS IN THE BACKYARD. BUT NEW RESEARCH SUGGESTS THAT CONSUMING CHAR-GRILLED MEAT MAY RAISE A PERSON'S RISK FOR CANCER. DOCTORS FROM THE UNIVERSITY OF MINNESOTA SCHOOL OF PUBLIC HEALTH TRACKED MORE THAN 62,000 PEOPLE FOR 9 YEARS. THEY FOUND THAT INDIVIDUALS WHO PREFERRED VERY WELL DONE STEAK WERE NEARLY 60 PER CENT MORE LIKELY TO DEVELOP PANCREATIC CANCER - ONE OF THE DEADLIEST CANCERS IN EXISTENCE. OVERALL, PEOPLE WHO CONSUMED THE HIGHEST AMOUNTS OF CHARRED MEATS HAD A 70 PER CENT GREATER CHANCE OF PANCREATIC CANCER THAN THOSE WHO ATE THE LEAST CHARRED MEAT. EXPERTS SAY THAT FRYING OR GRILLING MEAT AT HIGH TEMPERATURES GENERATES CANCER-CAUSING CHEMICALS. IN CONTRAST, BAKING OR STEWING WON'T CREATE THESE CHEMICALS. RESEARCHERS CANNOT CONCLUSIVELY LINK CHARRED MEAT WITH PANCREATIC CANCER RISK BECAUSE OTHER DIETARY HABITS MAY BE INVOLVED. BUT JUST TO BE SAFE, THEY RECOMMEND PEOPLE CUT OFF ANY BLACKENED PARTS OF MEAT AND AVOID BARBECUING FOOD PAST THE POINT OF "WELL DONE."

LENGTH-00:10 ISSUE-EDUCATION 10 SHOW TIME-5:00

THE EARLY LEARNING COALITION OF MANATEE COUNTY RECENTLY TOOK CHARGE OF THE PROGRAMS IT DELIVERS TO FAMILIES, AND NOW IT'S SAVING MONEY. BY CUTTING OUT THE MIDDLE MAN, THE COALITION'S EXECUTIVE DIRECTOR SAYS THE GROUP IS SAVING ABOUT A HALF A MILLION DOLLARS A YEAR. THAT MONEY WILL GO TOWARD THE CHILDREN THEY HELP. THE COALITION PROVIDES THE SCHOOL READINESS PROGRAM FOR WORKING FAMILIES AND THE VOLUNTARY PRE K PROGRAM THAT FORMER GOVERNOR BUSH INTRODUCED IN 2005- IT'S A FREE PROGRAM FOR ALL FAMILIES IN MANATEE COUNTY THAT'S CURRENTLY

UNDERUTILIZED. ONE OF THE SAD FACTS IN MANATEE COUNTY ONLY ABOUT 51 PERCENT OF OUR FOUR YEAR OLDS ATTEND VPK AND IT'S MANDATED SO WE HAVE MONEY NO MATTER WHAT SO IF THEY WANT TO GO WE CAN PAY TO HAVE THEM GO AND THEY SHOULD UTILIZE IT."

LENGTH-00:21 ISSUE-CRIME 1 SHOW TIME-6:00

PALMETTO POLICE ARE LOOKING FOR A BANK ROBBER TONIGHT.. THE FIRST BANK ON HABEN BOULEVARD NEAR U-S 301 WAS ROBBED EARLY THIS AFTERNOON.. POLICE SAY THE MAN GAVE A TELLER A NOTE DEMANDING CASH.. THEN TOOK OFF AFTER GETTING THE LOOT.. HE WAS LAST SEEN WALKING WEST ON 301..

LENGTH-00:32 ISSUE-CRIME 1 SHOW TIME-6:00

FLORIDA'S ATTORNEY GENERAL IS WARNING HOMEOWNERS ABOUT SEVERAL NEW SCAMS INVOLVING CHINESE DRYWALL.. BILL MCCOLLUM SAYS HOMEOWNERS SHOULD AVOID BUYING BOGUS TEST KITS, SOLICITED HOME INSPECTIONS, ANY SPRAYS THAT MIRACULOUSLY CURE THE CORROSION CAUSED BY THE DRYWALL AND THE SALE OF GENERATORS..GENERATORS WILL ACTUALLY *INCREASE* THE CHEMICAL REACTION AND SPEED UP CORROSION. IF YOU THINK YOU MAY HAVE THE TAINTED DRYWALL IN YOUR HOME, MCCOLLUM SUGGESTS CALLING AN AIR CONDITIONING SPECIALIST OR BUILDER, AND ASK THEM TO COMPLETE A PROFESSIONAL VISUAL INSPECTION...

APRIL 24, 2009

LENGTH-00:48 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

IT'S ONE THING TO GET YOUR EXERCISE THROUGH WALKING, BUT IN HIS BOOK "THE SOUTH BEACH DIET SUPER CHARGED," DR. ARTHUR AGATSTON ADVOCATES SOMETHING CALLED INTERVAL WALKING. INSTEAD OF GOING AT A STEADY STATE, WARM UP THREE, FOUR OR FIVE MINUTES, THEN WALK ALMOST AS FAST AS YOU CAN FOR 30 SECONDS, THEN RECOVER FOR 30 SECONDS, A MINUTE. AGATSTON SUGGESTS REPEATING THE CYCLE THROUGHOUT THE WORKOUT. HE SAYS IT IS A MORE EFFICIENT WAY TO LOSE WEIGHT. YOU WILL BURN MORE CALORIES, MORE FAT IN LESS TIME, THE TIME WILL GO MUCH FASTER AND YOU'LL IMPROVE YOUR FITNESS LEVELS. AGATSTON, A CARDIOLOGIST, SAYS NO MATTER HOW HARD SOME PEOPLE WORK AT DIET AND EXERCISE THEY OFTEN REACH A PLATEAU. HE CLAIMS INTERVAL WALKING REVS UP YOUR METABOLISM. YOU LOSE BELLY FAT, YOU IMPROVE YOUR

SUGAR AND INSULIN LEVELS, YOU MAKE YOURSELF HEALTHIER SO IT'S ABOUT YOUR GENERAL HEALTH AND NOT JUST YOUR WAISTLINE. AND THAT MAY BE THE BOTTOM LINE IF YOU'RE TRYING TO LOSE WEIGHT.

LENGTH-00:21 ISSUE-CRIME 1 SHOW TIME-12:00

A BRADENTON MAN IS FACING CHARGES IN CONNECTION WITH THE DEATH OF A ONE YEAR OLD CHILD. MANATEE COUNTY DEPUTIES HAVE CHARGED 21 YEAR OLD ALFREDO HUDSON WITH ONE COUNT OF HOMICIDE. INVESTIGATORS SAY HE WAS WATCHING THE DAUGHTER OF HIS GIRLFRIEND AT THE TIME IN HER HOME ON 55TH AVENUE. THE CHILD WAS TAKEN MANATEE MEMORIAL WHEN SHE STOPPED BREATHING. WHEN QUESTIONED, HUDSON SAYS HE SHOOK THE GIRL BECAUSE SHE WOULDN'T STOP CRYING.

LENGTH-01:33 ISSUE-HEALTH 5 SHOW TIME-12:00

LUNCHTIME IN DOWNTOWN TOKYO. AMERICAN, FAST, AND CHEAP... THE GOLDEN ARCHES-- THE GOLDEN TICKET FOR JOB SEEKER SAKUMI NAKAJO. " THEY WERE DECREASING PRICES. I THINK THAT IS WHY EVERYONE COMES HERE TO GET THE LUNCH. BECAUSE EVERYTHING IS SO CHEAP HERE." DITCHING THE SUSHI ROLL FOR THE HAPPY MEAL-- JAPAN IS BITING INTO MORE BURGERS. THE RECESSION'S TOUGH TIMES HAVE BEEN A CASH COW FOR THE KING OF BURGERS. MCDONALD'S IN JAPAN POSTED A HISTORIC SALES RECORD OF MORE THAN FIVE BILLION U-S DOLLARS IN 2008. IT'S NOT JUST THE DOLLAR MENU, SAYS MCDONALD'S. IT'S THE WHOLE DEAL. OUR PRODUCT OFFERS THE VALUE THAT MATCHES THE PRICE, SAYS MCDONALD'S. THAT'S WHY CUSTOMERS SUPPORT US. BUT YOU WILL EVENTUALLY PAY, SAYS DR. IWAO SASAKI. "SO THE MCDONALD'S DIET IS UPSIDE DOWN?" THAT'S RIGHT, SAYS DR. SASAKI. HE SAYS THE JAPANESE DIET OF FISH AND VEGGIES IS IDEAL FOR THE COUNTRY'S INFAMOUS LONGEVITY AND HEALTH. BUT IT'S RAPIDLY ON THE DECLINE IN THIS RECESSION. ON THE INCREASE, SAYS DR. SASAKI-- TWO ALL BEEF PATTIES AND JAPAN'S WAISTLINE. YOU SHOULD CHOOSE FOOD NOT FOR ITS PRICE TAG, SAYS DR. SASAKI, BUT WHAT'S GOOD FOR YOUR BODY. DR. SASAKI IS SEEING MORE PATIENTS LIKE KATSUJI MATSUO. NOT EXACTLY YOUR SUPER SIZED PERSON. BUT THICKER THAN THE AVERAGE JAPANESE MAN. AND DIAGNOSED WITH HIGH BLOOD PRESSURE. DOCTORS ORDERED MATSUO TO START WALKING AND LAY OFF THE BURGERS. MY CHILDREN LOVE HAMBURGERS, HE SAYS. I HOPE THEY STOP EATING THEM BECAUSE THE TRADITIONAL DIET IS BETTER. THE TRADITIONAL JAPANESE MEAL IS LOW FAT AND QUITE HEALTHY. BUT IT ALSO COSTS AT LEAST TWICE AS MUCH AS A VALUE MEAL. IT'S WHY RESTAURANT BANKRUPTCIES IN TOKYO, ESPECIALLY JAPANESE RESTAURANTS, ARE ON TRACK TO BREAK RECORDS THIS YEAR-- A STARK CONTRAST TO MCDONALD'S SUCCESS. MCDONALD'S SAYS ANY FOOD IN EXCESS WITHOUT EXERCISE IS BAD FOR YOUR HEALTH. AND STRESSES A BALANCED LIFESTYLE, WHICH INCLUDES PRICIER JAPANESE FOOD, IS BEST. BUT FOR A LUNCH CROWD TRYING TO PINCH PENNIES IN THIS ECONOMIC DOWNTURN--- THAT'S A TOUGH SELL. KYUNG LAH, CNN, TOKYO.

LENGTH-00:40

ISSUE-HEALTH 5 SHOW TIME-6:00

HERE AT THE SLEEP DISORDER CENTER OF DOCTORS HOSPITAL,,, DR. STEVEN SCHEER SAYS HE'S SEEN A STEADY INCREASE IN THE NUMBER OF WOMEN SHOWING UP HERE.. NOW 60% OF THE PATIENTS. HE SAYS IT'S NOT THAT SLEEP TROUBLES ARE BECOMING A MORE WIDESPREAD PROBLEM. IT'S JUST THAT MORE PEOPLE AND PHYSICIANS ARE AWARE OF SLEEP DISTURBANCES. AND HE TELLS ME.. WOMEN ARE THE ONES WHO TEND TO SEEK TREATMENT."THERE'S A GREATER AWARENESS THAT SLEEP PROBLEMS EXIST AND SHOULD BE ADDRESSED. AND SLEEP DISTURBANCES GET WORSE AS WE GET OLDER." SYNTHIA FORD SOUGHT A SLEEP STUDY AFTER YEARS OF SLEEPING PROBLEMS THAT JUST KEPT GETTING WORSE. DR. SCHEER DISCOVERED THE ROOT OF HER TROUBLE-- IDIOPATHIC HYPERSOMNIA... NOW SYNTHIA CAN GET ON THE PATH TO BETTER HEALTH."I'M TRULY RELIEVED. TO HAVE A DIAGNOSIS LEGITIMIZES WHAT'S GOING ON IN YOU, SO YOU DON'T FEEL LIKE YOU HAVE TO EXPLAIN YOURSELF TO PEOPLE."

APRIL 25, 2009

LENGTH-00:31

ISSUE-CRIME 1

SHOW TIME-EARLY

HERE AT THE SLEEP DISORDER CENTER OF DOCTORS HOSPITAL,,, DR. STEVEN SCHEER SAYS HE'S SEEN A STEADY INCREASE IN THE NUMBER OF WOMEN SHOWING UP HERE.. NOW 60% OF THE PATIENTS. HE SAYS IT'S NOT THAT SLEEP TROUBLES ARE BECOMING A MORE WIDESPREAD PROBLEM.IT'S JUST THAT MORE PEOPLE AND PHYSICIANS ARE AWARE OF SLEEP DISTURBANCES. AND HE TELLS ME.. WOMEN ARE THE ONES WHO TEND TO SEEK TREATMENT."THERE'S A GREATER AWARENESS THAT SLEEP PROBLEMS EXIST AND SHOULD BE ADDRESSED. AND SLEEP DISTURBANCES GET WORSE AS WE GET OLDER." SYNTHIA FORD SOUGHT A SLEEP STUDY AFTER YEARS OF SLEEPING PROBLEMS THAT JUST KEPT GETTING WORSE. DR. SCHEER DISCOVERED THE ROOT OF HER TROUBLE-- IDIOPATHIC HYPERSOMNIA... NOW SYNTHIA CAN GET ON THE PATH TO BETTER HEALTH. "I'M TRULY RELIEVED. TO HAVE A DIAGNOSIS LEGITIMIZES WHAT'S GOING ON IN YOU, SO YOU DON'T FEEL LIKE YOU HAVE TO EXPLAIN YOURSELF TO PEOPLE."

LENGTH-00:36

ISSUE-HEALTH 5 SHOW TIME-LATE

MEXICO IS STEPPING UP ITS EFFORTS TO CONTAIN A DEADLY OUTBREAK OF SWINE FLU. AUTHORITIES HAVE EXTENDED SCHOOL CLOSURES IN THE CAPITAL AND TWO OTHER STATES FOR 10 MORE DAYS. MORE THAN 13-HUNDRED PEOPLE ARE LIKELY INFECTED AND THE VIRUS IS SUSPECTED IN AS MANY AS 81 DEATHS. THE U-S HAS CONFIRMED 11 CASES, BUT NONE HAS BEEN FATAL. HERE IN THE SUNSHINE STATE, THE FLORIDA DEPARTMENT OF HEALTH IS CLOSELY MONITORING THE OUTBREAK, AND THEY SAY THEY HAVEN'T HAD ANY REPORTED CASES OF THE VIRUS. THEY'RE

RECOMMENDING PEOPLE ADHERE TO SOME COMMON HYGIENE TIPS, LIKE COVERING YOUR MOUTH WHEN YOU COUGH, FREQUENTLY WASHING YOUR HANDS, AND TO STAY HOME IF YOU'RE SICK.

APRIL 26, 2009

LENGTH-01:41 ISSUE-CRIME 1 SHOW TIME-LATE

A LATE SUMMER DAY IN THE ROLLING HILLS OF UPSTATE NEW YORK.. AND A WORRISOME PHONE CALL TO POLICE. (911 CALL) "MY HUSBAND HAD LOCKED HIMSELF IN THE OUR BEDROOM FOR THE LAST DAY." STACEY CASTOR'S HUSBAND, DAVID, WAS FOUND DEAD IN HIS BEDROOM. AT FIRST, AUTHORITIES THOUGHT HE COMMITTED SUICIDE, BY DRINKING ANTIFREEZE .. BUT THE ONLY FINGERPRINTS FOUND ON THE BEDSIDE DRINKING GLASS... WERE THE WIFE'S. A TURKEY BASTER DISCOVERED IN THE KITCHEN TRASH-- HAD DROPLETS IN IT. THEY WERE ANTIFREEZE. (MUIR) DO YOU BELIEVE THAT AS HE WAS LYING IN THAT BED, SHE WAS FEEDING HIM.// OUT OF THE TURKEY BASTER?/// (FITZ) ABSOLUTELY. NO OTHER EXPLANATION FOR IT.// SUICIDE BY TURKEY BASTERS IS NOT SOMETHING I HAVE EVER HEARD OF IN MY CAREER . (STAND UP MUIR/ ONONDAGA COUNTY, NY) AS INVESTIGATORS GROW MORE SUSPICIOUS, DAVID CASTOR IS LAID TO REST. BUT BURIED BESIDE HIM, SOMEONE ELSE WHO WOULD PLAY A ROLE IN THIS UNRAVELING MYSTERY. HER FIRST HUSBAND WHO DIED AT JUST 38. JUST 5 YEARS EARLIER, THE AUTOPSY SHOWED HE DIED OF A HEART ATTACK. BUT INVESTIGATORS WERE NOW CONVINCED OTHERWISE. THEY EXHUME THE BODY. A TISSUE SAMPLE IS TAKEN TO THE FORENSICS LAB, PROCESSED, PRESERVED, AND PUT UNDER A MICROSCOPE. AND THERE IT WAS. THE ANSWER DETECTIVES WERE LOOKING FOR. "ANTIFREEZE? YES. AND WHEN THE ME TOLD YOU WHAT HE FOUND, WHAT DID YOU THINK? STACEY CASTOR KILLED HIM." TAKE A LOOK AT THE TWO HUSBANDS KIDNEY SAMPLES SIDE BY SIDE. THE SAME TELL-TALE CRYSTALS. AND AS INVESTIGATORS ZERO IN ON THE MOTHER, A THIRD 9-1-1 CALL TO POLICE. (911) "OH MY GOD, IT'S NOT HAPPENING." THIS TIME THE DAUGHTER GASPING FOR BREATH. AND BESIDE HER, A SUICIDE NOTE SAYING IT WAS HER ALL ALONG. THAT SHE KILLED HER FATHER AND STEPFATHER. BUT-- IT WAS BACK TO THE FORENSICS LAB.. THIS TIME WITH THE NOTE. AT 750 WORD TYPEWRITTEN LETTER.. THE ONLY FINGERPRINTS ON IT.. THE MOTHER'S. AND WHEN THEY EXAMINE THE HARD DRIVE OF THE COMPUTER-- IT REVEALS THERE HAD BEEN MULTIPLE DRAFTS. WHAT CHILD-- PRACTICES THEIR NOTE-- AND TYPES IT-- THE JURY DIDN'T BUY IT. (NATS) "GUILTY." STACEY CASTOR WAS CONVICTED OF MURDER. AND ATTEMPTED MURDER OF HER OWN DAUGHTER. SHE'S SERVING LIFE. FOR THE DAUGHTER WHO LOST A DAD AND A STEP DAD. A QUESTION FINALLY ANSWERED. IT WAS CONFUSING, I KEPT ASKING WHY DOES GOD KEEP DOING THIS. AND NOW I KNOW IT WASN'T GOD. IT WAS HER."

APRIL 27, 2009

LENGTH-00:51 ISSUE-HEALTH 5 SHOW TIME-SUNRISE

DO YOU RISE WITH THE CRACK OF DAWN OR STAY UP PAST MIDNIGHT? EITHER WAY, IT'S LIKELY THAT YOUR SLEEP PREFERENCES ARE PARTLY GOVERNED BY YOUR BRAIN. BELGIAN RESEARCHERS STUDIED EXTREME NIGHT OWLS AND EARLY BIRDS OVER THE COURSE OF TWO DAYS IN A SLEEP LAB. THE FIRST MORNING, VOLUNTEERS PERFORMED A REACTION-TIME TEST WHILE UNDERGOING A BRAIN SCAN - NIGHT OWLS AND EARLY BIRDS SCORED EQUALLY WELL AT THIS POINT. BUT THE NEXT DAY, THE PARTICIPANTS PERFORMED THE SAME TEST IN THE EVENING. THIS TIME, THE NIGHT OWLS WERE NOTICEABLY FASTER. IT TURNED OUT THAT EARLY BIRDS HAD MORE ACTIVITY IN AN AREA OF THE BRAIN THAT HOUSES THE MASTER CLOCK. THE LONGER THE DAY WENT ON, THE MORE ACTIVE THE MASTER CLOCK BECAME. THIS PUTS ADDED SLEEP PRESSURE ON THE EARLY BIRDS, WHICH MAY EXPLAIN WHY THEY FELT MORE FATIGUE. EXPERTS RECOMMEND THAT EARLY RISERS SAVE STRENUOUS TASKS FOR THE MORNING AND AFTERNOON WHENEVER POSSIBLE, WHILE NIGHT OWLS MAY HAVE THE LUXURY OF PUTTING THEIR WORK OFF UNTIL EVENING IF THEY CHOOSE.

LENGTH-00:56 ISSUE-HEALTH 5 SHOW TIME-5:00

FOR MORE THAN 15-YEARS THE SURGERY CENTER AT THE VENICE HEALTH PARK HAS PRACTICED OUTPATIENT SURGERY CARE. ORTHOPAEDIC, EYES, EAR, NOSE AND THROAT TO NAME A FEW. TODAY THE WAITING ROOM IS EMPTY. UPWARDS OF 60-EMPLOYEES ARE WITHOUT A JOB. FRIDAY THE CENTER NOTIFYING THEM THEIR SERVICES WERE NO LONGER NEEDED. NURSES, ADMINISTRATORS, SECRETARY'S, ANAESTHESIOLOGIST, TODAY WE TALKED TO A FEW WHO DIDN'T WANT TO GO ON CAMERA BUT SAID THEY WERE SHOCKED AND ARE CURRENTLY LOOKING FOR WORK. THEY SAID SOMETIMES THEY DID UP TO 30-SURGERIES A DAY. THE PRACTICE BEING RUN BY MORE THAN A DOZEN LOCAL DOCTORS. BUT WHAT ABOUT THE PATIENTS AND THE FALLOUT ON THE REST OF THE LOCAL MEDICAL COMMUNITY? VENICE REGIONAL MEDICAL CENTER'S C-E-O MELODY TRIMBLE SAYS THEY DON'T HAVE ANY AFFILIATION WITH THE CENTER BUT SAYS THEIR WORKING WITH STAFF TO FIND JOBS AND MAKING SURE THOSE WHO NEED THE OPERATIONS GET THEM. QUOTE. "WE ARE WORKING WITH PHYSICIANS TO RESCHEDULE SURGERIES. OUR FIRST PRIORITY IS MAKING SURE THE COMMUNITY GETS THE SERVICES THEY NEED." "WE ARE ALSO CONCERNED ABOUT THOSE EMPLOYEES EFFECTED DURING THESE ECONOMIC TIMES. OUR STAFF IS WORKING TO TRY AND KEEP THEM IN THIS COMMUNITY. OUR HOSPITAL IS GROWING DESPITE THE ECONOMY."

LENGTH-01:19 ISSUE-CRIME 1 SHOW TIME-5:00

PAM STEVENS HAS YEARS OF EXPERIENCE DOING CLERICAL WORK, IN ACCOUNTS PAYABLE AND RECIEVABLE. SO WHEN SHE SAW THIS NEWSPAPER AD..LOOKING FOR AN ACCOUNTING MANAGER...SHE SENT HER RESUME. BUT WHEN SHE GOT AN EMAIL BACK DETAILING HOW THE JOB WOULD WORK... SHE KNEW IT WAS A SCAM. I HAD TO

DEPOSIT MONEY INTO MY ACCOUNT AND TAKE A PORTION OF THAT MONEY THAT WOULD BE MY INCOME AND THEY WOULD TAKE THE REST." THE EMAIL WAS FROM BACKSTAR TRADING COMPANY. THEY TOLD HER TO TAKE PAYMENTS FROM THEIR CUSTOMERS.. DEPOSIT THEM INTO HER ACCOUNT. KEEP A PORTION AS HER SALARY...AND WIRE THEM THE REST. IN A SCAM LIKE THIS....MOST OFTEN...THOSE CHECKS WOULD BOUNCE..DAYS AFTER YOU DEPOSIT THEM INTO YOUR ACCOUNT...AND SEND YOUR MONEY ON TO THE BOGUS COMPANY. "IT REALLY DOESN'T MAKE ME FEEL GOOD AND I REALLY CAN'T EXPRESS MY FEELINGS RIGHT NOW IT WOULDN'T BE APPROPRIATE." STEVENS TELLS ME SHE IS NOW WORRIED...THESE SCAMMERS HAVE SOME OF HER PERSONAL INFORMATION FROM HER RESUME.. SHE'S ALSO WORRIED ABOUT OTHERS...DESPERATE FOR WORK WHO MAY HAVE TAKEN THE CHANCE."IT'S SO FRUSTRATING, I CERTAINLY HOPE NO ONE FELL FOR THIS."

LENGTH-00:36 ISSUE-HEALTH 5 SHOW TIME-6:00

PAM STEVENS HAS YEARS OF EXPERIENCE DOING CLERICAL WORK, IN ACCOUNTS PAYABLE AND RECIEVABLE. SO WHEN SHE SAW THIS NEWSPAPER AD.. LOOKING FOR AN ACCOUNTING MANAGER...SHE SENT HER RESUME. BUT WHEN SHE GOT AN EMAIL BACK DETAILING HOW THE JOB WOULD WORK... SHE KNEW IT WAS A SCAM. "I HAD TO DEPOSIT MONEY INTO MY ACCOUNT AND TAKE A PORTION OF THAT MONEY THAT WOULD BE MY INCOME AND THEY WOULD TAKE THE REST." THE EMAIL WAS FROM BACKSTAR TRADING COMPANY. THEY TOLD HER TO TAKE PAYMENTS FROM THEIR CUSTOMERS..DEPOSIT THEM INTO HER ACCOUNT. KEEP A PORTION AS HER SALARY...AND WIRE THEM THE REST. IN A SCAM LIKE THIS....MOST OFTEN...THOSE CHECKS WOULD BOUNCE..DAYS AFTER YOU DEPOSIT THEM INTO YOUR ACCOUNT...AND SEND YOUR MONEY ON TO THE BOGUS COMPANY. "IT REALLY DOESN'T MAKE ME FEEL GOOD AND I REALLY CAN'T EXPRESS MY FEELINGS RIGHT NOW IT WOULDN'T BE APPROPRIATE." STEVENS TELLS ME SHE IS NOW ORRIED...THESE SCAMMERS HAVE SOME OF HER PERSONAL INFORMATION FROM HER RESUME.. SHE'S ALSO WORRIED ABOUT OTHERS...DESPERATE FOR WORK WHO MAY HAVE TAKEN THE CHANCE.IT'S SO FRUSTRATING, I CERTAINLY HOPE NO ONE FELL FOR THIS."

LENGTH-00:19 ISSUE-CRIME 1 SHOW TIME-11:00

A DEPUTY AT THE MANATEE COUNTY JAIL IS RECOVERING AFTER BEING ATTACKED BY AN INMATE. HE WAS CHECKING A CELL.. WHEN DEPUTIES SAY THE INMATE.. 39-YEAR-OLD STEVE HUNT BEAT THE DEPUTY.. THAT DEPUTY WAS FLOWN TO BAYFRONT MEDICAL CENTER FOR TREATMENT. HUNT, WHO WAS IN JAIL ON DRUG CHARGES, IS NOW CHARGED WITH AGGRAVATED BATTERY ON A LAW ENFORCEMENT OFFICER..

APRIL 28, 2009

LENGTH-00:53

ISSUE-HEALTH 5 SHOW TIME-SUNRISE

THERE'S A REASON WHY EXPERTS RECOMMEND PAYING ATTENTION TO YOUR THIRST. YOUR THIRST ACTUALLY IS A GOOD GUIDE OF HOW WELL-HYDRATED YOU ARE. AND IF YOU DRINK ACCORDING TO YOUR THIRST, YOU WILL STAY HYDRATED. REGISTERED DIETITIAN ELLIE KRIEGER SAYS IT'S IMPORTANT TO CONSUME PLENTY OF FLUIDS THROUGHOUT THE DAY TO AVOID THE SYMPTOMS OF DEHYDRATION, INCLUDING HEADACHE, FATIGUE, DIZZINESS AND POOR CONCENTRATION. BUT HOW MUCH WATER OR FLUID IS ENOUGH? MOST WOMEN NEED NINE EIGHT-OUNCE GLASSES OF FLUID A DAY. MEN NEED ABOUT 13 EIGHT-OUNCES GLASSES OF FLUID A DAY AND IT DOESN'T HAVE TO BE WATER. KRIEGER SUGGESTS THERE ARE MANY OTHER SOURCES OF WATER THAT COUNT TOWARD THE DAILY TOTAL. IF YOU DRINK COFFEE OR TEA, EVEN IF IT'S CAFFEINATED, IT COUNTS TOWARD HYDRATION. SO DOES FRUIT JUICES AND MILK AND SOUPS AND THINGS LIKE THAT. SOME FRUITS AND VEGETABLES ALSO COUNT: WATERMELON, LETTUCE, TOMATOES AND CUCUMBERS ARE NEARLY ALL WATER BY WEIGHT. SO, INSTEAD OF COUNTING ONLY THE GLASSES OF WATER YOU'VE CONSUMED EVERY DAY, THOSE FLUIDS MAY BE SITTING RIGHT IN FRONT OF YOU ON A SALAD PLATE.

LENGTH-01:23

ISSUE-HEALTH 5 SHOW TIME-12:00

[<mos>

VIDEO ID - NNPV2H23

TITLE - NPV2H</mos>]

SCRIPT: FOR SOME THE SOUND OF A SNEEZE (NATS SNEEZE) ACHOO HAS BECOME A LITTLE SCARY. BUT EXPERTS SAY YOU MIGHT NOT EVEN HEAR THE SNEEZE ... THAT COULD MAKE YOU SICK. WE LOOKED AT THE SCIENCE OF A SNIGLE SNEEZE AND LEARNED IT TRAVELS FASTER AND FARTHER THEN YOU MIGHT HAVE GUESSED. HOW FAR? (STAND UP) Well, If I were to sneeze right now...the air from my nose would rush out at 100 miles an hour. And that bacteria... could travel for anywhere from 3 feet away ...to 150 feet away the other side of this park. AND HOW LONG CAN THAT VIRUS LINGER? WELL, STUDIES HAVE SHOWN IT CAN DEPEND ON THE WEATHER. (GRAPHIC)THE FLU VIRUS LEAVES YOUR BODY ENCASED IN TINY DROPLETS OF WATER. SO IF IT'S HUMID THE MOISTURE ATTACHES ITSELF TO THOES DROPLETS MAKING THEM HEAVY AND DRAGGING THEM TO THE GROUND AWAY FROM OUR FACES SO WE ARE LESS LIKELY TO GET INFECTED. BUT IF IT'S COOL, DRY AIR THE DROPLETS ARE LIGHTER AND CAN FLOAT RIGHT WHERE WE BREATHE THEM IN. DR. PETER PALESE/MOUNT SINAI SCHOOL OF MEDICINE: if the infected person, the sick person is gone a long long time. 20 minutes we can still walk by, breathe in and get infected. SO WHAT SHOULD YOU DO? WE MET WITH GERM EXPERT DOCTOR ELAINE LARSON SHE SAYS ANTI-BACTERIAL LOTION IS A MUST. BUT WHAT ABOUT THOSE SURGICAL MASKS? DO THEY REALLY HELP? 01:10:44 ELAINE LARSON R.N., PhD/COULMBIA UNIVERSITY MAILMAN SCHOOL OF PUBLIC HEALTH: Nothing is 100% protective even these big thick ones that we wear in the hospital. MASKS CAN HELP BUT THEY NEED TO BE REPLACED OFTEN EVERY FEW

HOURS. 01:14:23 ELAINE LARSON R.N., PhD/COULMBIA UNIVERSITY MAILMAN SCHOOL OF PUBLIC HEALTH: Because they do get saturated after awhile and the protection gets less over time. THE MASKS CAN ACT AS A SPONGE. CARRYING THE VIRUS YOU'VE GONE TO GREAT DISTANCES TO AVOID ... JUST INCHES FROM YOUR FACE. FOR GOOD MORNING AMERICA , SHARYN ALFONSI ABCNEWS NEW YORK.

LENGTH-00:41 ISSUE-CRIME 1 SHOW TIME-5:00

STILL NO ARRESTS IN A SERIES OF VIOLENT HOME INVASIONS ON THE SUNCOAST.. BUT INVESTIGATORS DO HAVE NEW EVIDENCE.. SARASOTA COUNTY SHERIFF'S INVESTIGATORS HOLDING A NEWS CONFERENCE TO UPDATE THEIR EFFORTS.. 10 DIFFERENT ATTACKS ON WOMEN IN BOTH SARASOTA AND MANATEE COUNTIES *COULD* BE RELATED.. TODAY.. SHERIFF'S INVESTIGATORS SAY THEY NOW HAVE D-N-A EVIDENCE THAT IS BEING ANALYZED AT A STATE LAB.. AS A RESULT OF THE TASK FORCE'S INVESTIGATIVE EFFORTS, EVIDENCE, INCLUDING DNA HAS BEEN DEVELOPED. BASED ON THAT EVIDENCE WE ARE CONFIDENT IN STATING THAT A NUMBER OF THE CASES ARE RELATED."COLONEL BURNS ALSO SAYS THE COMPOSITE SKETCH RELEASED LAST WEEK BY THE MANATEE COUNTY SHERIFF'S OFFICE IS *NOT* LINKED TO THAT D-N-A EVIDENCE.. BUT COULD BE RELATED TO OTHER ATTACKS ON THE SUNCOAST..

LENGTH-01:11 ISSUE-EDUCATION 10 SHOW TIME-5:00

IN THIS TIGHT ECONOMY ... MANY HIGH SCHOOL SENIORS ARE STRUGGLING TO FIND MONEY FOR COLLEGE. BUT 3 LUCKY SUNCOAST FOOTBALL PLAYERS HAVE JUST LEARNED THEY'LL HAVE A LITTLE HELP. WHEN NFL COACH BUD CARSON DIED, HIS FRIENDS SET UP A SCHOLARSHIP PROGRAM IN HIS HONOR. THE AWARD GOES TO A SARASOTA COUNTY HIGH SCHOOL DEFENSIVE PLAYER WHO HAS BEEN THE BACKBONE OF HIS TEAM, SHOWS GREAT LEADERSHIP, DOES WELL IN THE CLASS ROOM, AND SERVES HIS COMMUNITY. THIS YEAR A 5 THOUSAND DOLLAR SCHOLARSHIP GOES TO RIVERVIEW HIGH 'S PATRICK SHAW, AND TWO THOUSAND DOLLAR SCHOLARSHIPS GO TO RIVERVIEW'S GARRETT WAGGONER, AND VENICE HIGH'S THOMAS HASKETT. THIS IS JUST ONE OF THE MANY SCHOLARSHIPS AVAILABLE IN OUR AREA.. LAST YEAR 135 VENICE SENIORS RECEIVED SCHOLARSHIPS SOME IN SOME VERY SURPRISING FIELDS."THE ANTIQUE AUTO MOBILE CLUB GIVES SCHOLARSHIP... AUTOMOTIVE CARS GUYS THE VENICE BOAT PARADE GIVES OUT A SCHOLARSHIP." MOST SCHOLARSHIPS FOR SENIORS ARE ALREADY DECIDED FOR THIS YEAR. BUT YOU CAN STILL APPLY FOR FINANCIAL AID. AND STARTING IN JULY JUNIORS CAN START THEIR SEARCH AT THE VENICE ROTARY FUTURES PROGRAM. IT'S OPEN TO ALL HIGH SCHOOLS IN THE COUNTY.

LENGTH-01:22

ISSUE-HEALTH 5 SHOW TIME-5:00

FOR SOME THE SOUND OF A SNEEZE ACHOO HAS BECOME A LITTLE SCARY. BUT EXPERTS SAY YOU MIGHT NOT EVEN HEAR THE SNEEZE ... THAT COULD MAKE YOU SICK. WE LOOKED AT THE SCIENCE OF A SNIGLE SNEEZE AND LEARNED IT TRAVELS FASTER AND FARTHER THEN YOU MIGHT HAVE GUESSED. HOW FAR? (STAND UP) WELL, IF I WERE TO SNEEZE RIGHT NOW...THE AIR FROM MY NOSE WOULD RUSH OUT AT 100 MILES AN HOUR. AND THAT BACTERIA... COULD TRAVEL FOR ANYWHERE FROM 3 FEET AWAY ...TO 150 FEET AWAY THE OTHER SIDE OF THIS PARK. AND HOW LONG CAN THAT VIRUS LINGER? WELL, STUDIES HAVE SHOWN IT CAN DEPEND ON THE WEATHER. (GRAPHIC)THE FLU VIRUS LEAVES YOUR BODY ENCASED IN TINY DROPLETS OF WATER. SO IF IT'S HUMID THE MOISTURE ATTACHES ITSELF TO THOES DROPLETS MAKING THEM HEAVY AND DRAGGING THEM TO THE GROUND AWAY FROM OUR FACES SO WE ARE LESS LIKELY TO GET INFECTED. BUT IF IT'S COOL, DRY AIR THE DROPLETS ARE LIGHTER AND CAN FLOAT RIGHT WHERE WE BREATHE THEM IN. DR. PETER PALESE/MOUNT SINAI SCHOOL OF MEDICINE: IF THE INFECTED PERSON, THE SICK PERSON IS GONE A LONG TIME. 20 MINUTES WE CAN STILL WALK BY, BREATHE IN AND GET INFECTED. SO WHAT SHOULD YOU DO? WE MET WITH GERM EXPERT DOCTOR ELAINE LARSON SHE SAYS ANTI-BACTERIAL LOTION IS A MUST. BUT WHAT ABOUT THOSE SURGICAL MASKS? DO THEY REALLY HELP? 01:10:44 ELAINE LARSON R.N., PHD/COULMBIA UNIVERSITY MAILMAN SCHOOL OF PUBLIC HEALTH: NOTHING IS 100% PROTECTIVE EVEN THESE BIG THICK ONES THAT WE WEAR IN THE HOSPITAL. MASKS CAN HELP BUT THEY NEED TO BE REPLACED OFTEN EVERY FEW HOURS. 01:14:23 ELAINE LARSON R.N., PHD/COULMBIA UNIVERSITY MAILMAN SCHOOL OF PUBLIC HEALTH: BECAUSE THEY DO GET SATURATED AFTER AWHILE AND THE PROTECTION GETS LESS OVER TIME. THE MASKS CAN ACT AS A SPONGE. CARRYING THE VIRUS YOU'VE GONE TO GREAT DISTANCES TO AVOID ... JUST INCHES FROM YOUR FACE.

LENGTH-02:11

ISSUE-EDUCATION 10 SHOW TIME-6:00

WHEN MY HUSBAND BUD CARSON DIED, TO HONOR HIS MANY YEARS OF COACHING HIS FRIENDS ESTABLISHED A SCHOLARSHIP IN HIS NAME ... IT GOES TO A DEFENSIVE PLAYER WHO IS THE BACK BONE OF HIS TEAM , BUT WON'T GET A FOOTBALL SCHOLARSHIP TO A MAJOR COLLEGE. BUD WOULD BE SO PROUD OF THIS YEAR'S WINNERS. A FIVE THOUSAND DOLLAR SCHOLARSHIP GOES TO PATRICK SHAW FROM RIVERVIEW. HE TALKED ABOUT WHAT HE LEARNED IN FOOTBALL ... THAT WILL SERVE HIM THE REST OF HIS LIFE. "JUST BEING MENTALLY TOUGH ... NO MATTER WHAT." A TWO THOUSAND DOLLAR SCHOLARSHIP GOES TO GARRETT WAGGONER ... ALSO OF RIVERVIEW. HE'S HEADING TO THE IVY LEAGUE ... DARTMOUTH. I ASKED HOW HE MANAGED TO DO SO WELL ON THE FOOTBALL FIELD AND IN THE CLASS ROOM. "MY SECRET OF SUCCESS ... MOVE ON TO THE NEXT TASK."ALSO RECEIVING A \$2 THOUSAND DOLLAR SCHOLARSHIP THOMAS HASKETT OF VENICE HIGH SCHOOL. "THE SCHOLARSHIP IS MAJOR ... I WANT TO BE." "USUALLY YOU'D GO TO YOUR HIGH SCHOOL GUIDANCE CONSELOR FOR HELP IN FINDING SCHOLARSHIPS BUT WITH GUIDANCE COUNSELORS BEING CUT THRU OUT THE SUNCOAST THAT MAKES THE ROTARY FUTURES PROGRAM HERE AT VENICE HIGH MORE IMPORTANT THAN EVER.

THEY'RE FUNDING BY COMMUNITY MAINLY THE ROTARY CLUB AND THEY'RE OPEN TO STUDENTS THROUGH OUT SARASOTA CO." "WE HAVE OVER 900 SCHOLARSHIPS IN OUR DATA BASE PROGRAM THAT WE USE TO HELP STUDENTS FIND SCHOLARSHIP." KENDALL SAYS THE FIRST PLACE TO LOOK ... IN THE FIELD OF YOUR MAJOR.. "WE HAVE SCHOLARSHIPS FOR STUDENTS PLANNING TO MAJOR IN MARINE BIOLOGY, SCIENCE CIVIL ENGINEERS ACCOUNTANTS EDUCATION MAJORS."135 VENICE SENIORS RECEIVED SCHOLARSHIPS LAST YEAR. TIME THIS SUMMER FOR JUNIORS TO START SEARCHING. THE MONEY IS OUT THERE. YOU'VE JUST GOT TO GO AFTER IT. AND THE ROTARY FUTURES PROGRAM WILL HELP.

LENGTH-00:24 ISSUE-CRIME 1 SHOW TIME-11:00

HEDGE FUND MANAGER ART NADEL HAS BEEN INDICTED FOR SECURITIES, MAIL AND WIRE FRAUD. A GRAND JURY IN NEW YORK BROUGHT THE CHARGES AGAINST THE SARASOTA HEDGE FUND MANAGER. THEY SAY THE 76-YEAR-OLD NADEL ENLISTED MORE THAN 350 CLIENTS TO INVEST MORE THAN 360-MILLION DOLLARS WITH SIX FUNDS OVER A 10-YEAR PERIOD. THE CHARGES COULD LAND NADEL WITH A PRISON SENTENCE OF 280 YEARS. NADEL DISAPPEARED FOR TWO WEEKS BEFORE SURRENDERING IN JANUARY.

LENGTH-00:28 ISSUE-CRIME 1 SHOW TIME-11:00

A POLICE CHASE NEAR ATLANTA GOT LOTS OF ATTENTION TODAY. A MAN HIJACKED A TRUCK AND WAS CHASED NEARLY 50 MILES BY POLICE. THE DRIVER JUMPED ON BOARD HIS STOLEN BIG RIG AND HUNG ON FOR THE RIDE. HE WAS ON THE TRACTOR TRAILER FOR NEARLY 90 MINUTES. POLICE SET OUT STOP STICKS TO TRY TO SLOW THE SPEEDING TRUCK. BUT THE TIRES JUST STARTED GOING. THE DRIVER WAS ABLE TO JUMP TO SAFETY. THEN THE TRUCK-JACKER STOPPED, WAS SURROUNDED BY THE POLICE AND THE SUSPECT WAS PULLED FROM THE CAB, THROWN TO THE GROUND AND HANDCUFFED.

APRIL 29, 2009

LENGTH-00:33 ISSUE-CRIME 1 SHOW TIME-SUNRISE

MANATEE COUNTY DEPUTIES ARE LOOKING FOR A BANK ROBBER WHO HIT A FIFTH-THIRD BANK TUESDAY MORNING. THESE ARE SURVEILLANCE PICTURES OF THE SUSPECT. WITNESSES SAY THE MAN ENTERED THE BANK BRANCH IN THE 53-HUNDRED BLOCK OF 26TH STREET WEST AROUND 11 IN THE MORNING. HE APPROACHED ONE OF THE TELLERS, AND SAID HE WANTED TO MAKE A WITHDRAWAL,

THEN SHOWED THE BUTT OF A GUN HIDDEN IN A BAG. THE TELLER GAVE HIM THE CASH AND HE LEFT THE BANK ON FOOT, HEADING EAST.

LENGTH-01:46

ISSUE-HEALTH 5

SHOW TIME-12:00

WITH SWINE FLU SO CLOSE TO HOME, RIDING THE SUBWAY THESE DAYS MAKES NEW YORKERS THINK TWICE. SO MANY COMMUTERS WONDERING, CAN I GET IT? SO WE ASKED DR. LEN HOROVITZ TO RIDE THE RAILS WITH US.. AND HELP US UNDERSTAND THE POWER OF A SINGLE COUGH OR SNEEZE. ALL IT TAKES IS ONE GOOD AH-CHOO. TO SEND WELL OVER 40,000 DROPLETS BARRELLING IN YOUR DIRECTION... AT ABOUT 100,000 MILES AN HOUR... THEY CAN QUICKLY MAKE DOZENS OF COMMUTERS WITHIN A FEW FEET.. VERY SICK! IF A PERSON USED HIS HAND TO COVER HIS SNEEZE, LOOK OUT! IF SOMEONE SNEEZED AND THEN GRABBED THIS POLE TO HANG ONTO ON THE SUBWAY THEY'D LEAVE GERMS BEHIND. SO IF I COME ALONG AND GRAB IT, I'D PICK UP THOSE GERMS. THEN SAY, I SAT DOWN IN THIS SEAT, IF I TOUCHED THE SEAT WITH MY HAND I'D LEAVE GERMS HERE FOR THE NEXT UNSUSPECTING COMMUTER. IT ONLY SPREADS FROM THERE. AND DR. HOROVITZ - A SPECIALIST IN RESPIRATORY ILLNESSES - SAYS GERMS ARE SO HARDY, THEY CAN SURVIVE OVERNIGHT. THE VIRAL PARTICLES CAN STAY ALIVE FOR 24 HOURS. SO SOMEBODY TOMORROW MORNING TOUCHES IT, TOUCHES THEIR FACE, INTRODUCES IT TO THEIR BODY AND THEY GOT IT. THAT COULD MEAN HUNDREDS, MAYBE EVEN THOUSANDS OF PEOPLE, END UP SICK. I CARRY MY HAND SANITIZER IN MY PURSE, AT HOME I DON'T TOUCH MY BABIES, I WASH MY HANDS. BUT NOT EVERYONE DOES THAT. SOME RIDERS TOUCH THEIR FACE, RUB THEIR EYES. MAYBE EVEN EAT BEFORE EVER WASHING THEIR HANDS. : WHEN YOU TOUCH YOUR FACE, YOU'RE SMEARING THE GERM ONTO YOUR FACE, ANY OPENING, NOSE, MOUTH EYES, IS A PLACE WHERE GERM CAN GET INTO YOUR BODY AND START TO MULTIPLY AND CAUSE INFECTION. RK: AND THAT'S HOW EVERYTHING SPREADS. DOC: THAT'S HOW IT SPREADS. AND JUST BECAUSE THAT SNEEZE OCCURRED ON THE SUBWAY, DOESN'T MEAN THE GERMS STAYED THERE. SAY THE PERSON WHO SNEEZED STOPS AT A METRO CARD MACHINE TO BUY A SUBWAY CARD BEFORE HE LEAVES THE STATION, THOSE GERMS WILL BE LEFT ON THIS MACHINE FOR THE NEXT PERSON. AND IT'S NOT JUST SUBWAY RIDERS.. ANYONE COMMUTING BY CAR OR FOOT MAY USE A GERM-COVERED HAND TO OPEN AN OFFICE DOOR OR OFFICE REFRIDGERATOR. MAYBE THEY'RE EVEN SHARING YOUR COMPUTER- YUCK! IN A WORLD WHERE GERMS ARE THE ENEMY- IT'S TIME TO SUIT UP FOR BATTLE AND KEEP YOUR SOAP HANDY.

LENGTH-00:25

ISSUE-HEALTH 5

SHOW TIME-5:00

STILL NO CONFIRMED CASES OF SWINE FLU IN FLORIDA....BUT HERE ON THE SUNCOAST IT APPEARS SOME PEOPLE AREN'T TAKING ANY CHANCES. AT DAVIDSON'S DRUGS IN SARASOTA SALES OF SURGICAL MASKS HAVE BEEN BRISK. THEY ONLY HAVE TWO BOXES LEFT AND DON'T KNOW IF THEY WILL GET MORE ANYTIME SOON FLORIDA'S ATTORNEY GENERAL IS CURRENTLY INVESTIGATING A

POSSIBLE CASE OF SWINE FLU INVOLVING AN ORLANDO TOURIST..BUT, AGAIN, NO CASES IN FLORIDA HAVE BEEN CONFIRMED YET.

LENGTH-00:16 ISSUE-CRIME 1 SHOW TIME-5:00

SARASOTA COUNTY SHERIFF'S DEPUTIES ARE WORKING A MURDER CASE. 49-YEAR-OLD ALBERTA BROWN WAS FOUND SHOT EARLY THIS MORNING INSIDE HER HOME ON 24TH STREET IN SARASOTA. SHE WAS TAKEN TO BAYFRONT MEDICAL CENTER WHERE SHE LATER DIED.

LENGTH-01:33 ISSUE-CRIME 1 SHOW TIME-11:00

TTEVEN DELMONTE HAS BEEN ENTERTAINING AUDIENCES SINCE HE WAS SEVEN YEARS OLD... TRAVELING ACROSS THE COUNTRY. HE IS THE FOURTH GENERATION OF PERFORMERS IN HIS FAMILY. WE'RE OUT FOR 10 TO 11 MONTHS OUT OF THE YEAR AND THEN WE ARE HOME FOR A COUPLE MONTHS. BUT NOW TTEVEN WON'T BE IN THE RING ANY TIME SOON... INSTEAD HE IS HERE AT ALL CHILDREN'S HOSPITAL... NOT FOR HIS RISKY STUNTS... BUT BECAUSE HE WAS HIT BY CAR. I SAW THIS BIG WHITE THING...I THOUGHT IT WAS A WALL AT FIRST SO I SWERVED OUT OF THE WAY.. SATURDAY, TTEVEN WAS RIDING HIS BIKE WITH A RELATIVE DOWN FRUITVILLE ROAD NEAR THE COBURN INTERSECTION... IT WAS 10 O'CLOCK AT NIGHT... AND THERE ARE NO SIDEWALKS ON THIS STRETCH OF THE ROAD... SO TTEVEN WAS RIDING IN THE GRASS. HE SAYS A WHITE VAN PULLING A TRAILER HIT HIM. I FELT IT SLAM INTO ME AND FLIPPED, I LANDED ON MY BACK AND I STARTED SPINNING. WHEN I STOPPED SPINNING I LOOKED AND I DIDN'T SEE ANY STOP LIGHTS...LIKE SLOWING DOWN THE CAR. I SAW HIM KEPT GOING AND I HEARD THE VAN GO URRRRRRR LIKE HE WAS REEVING UP. TTEVEN BROKEN HIS FEMUR... COLLAR BONE... RIB... AND ALMOST LOST HIS FOOT. BUT HE SAYS HIS INJURIES AREN'T AS BAD AS THEY COULD HAVE BEEN... AND HE THANKS HIS YEARS OF PERFORMING. LEARNING HOW TO FALL AND SAVE YOURSELF IN DIFFERENT WAYS...LIKE IF I DIDN'T KNOW HOW TO DO ANY OF THAT STUFF IT PROBABLY WOULD BE A LOT WORSE DAMAGE. AND NO THE DELMONTE'S ARE ASKING FOR HELP FINDING THAT WHITE VAN... THINK BACK...MAYBE THEY KNOW SOMEBODY WHO DRIVES A WHITE VAN PULLING A FLAT BED TRAILER...MAYBE THE PERSON DRIVING THE VAN...MAYBE HE DIDN'T KNOW HE HIT MY SON...MAYBE HE DIDN'T REALIZE IT. IT IS TO EARLY TO TELL IF TTEVEN WILL REGAIN TOTAL USE OF HIS FOOT AGAIN... BUT TTEVEN IS A LEARNER AND PERFORMER AND THE SHOW WILL GO ON... EVEN IF IT DOES TAKE SOME HEALING. WE ARE HOPING AND PRAYING THAT HE WILL MAKE A FULL RECOVERY.

APRIL 30, 2009

NOTHING